

Ridin The Wind

COPPER KNOB
STEPPED METS

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Nancy Morgan (USA)

Musique: Seminole Wind - John Anderson



STOMP RIGHT, BRUSH RIGHT, SHUFFLE FORWARD, REPEAT WITH LEFT

1-2-3&4 Stomp right next to left (keep weight on left), brush right, shuffle forward right, left, right
5-6-7&8 Stomp left next to right (keep weight on right), brush left, shuffle forward left, right, left

ROCK FORWARD AND BACK, ½ TURN SHUFFLE FORWARD, STEP WITH ¼ TURN, SLOW COASTER STEP

1-2-3&4 Rock forward on right and back on left, pivot ½ turn to right as you shuffle forward right, left, right
5-8 Step forward on left turning ¼ turn to right as you step, (slow coaster) step back on right, step back on left, step forward on right

STEP, ½ TURN, SHUFFLE, STEP, ½ TURN, SHUFFLE

1-2-3&4 Step forward on left, pivot ½ turn to your right, shuffle forward left, right, left
5-6-7&8 Step forward on right, pivot ½ turn to your left, shuffle forward right, left, right

STEP, ¼ TURN, STEP, ¼ TURN, STOMP, BRUSH, STOMP, STOMP

1-4 Step forward on left, pivot ¼ turn to your right, repeat
5-8 Stomp left next to right, brush right bringing knee up, stomp right next to left, stomp left next to right

REPEAT
