

Ride On

Compte: 60

Mur: 2

Niveau: Beginner

Chorégraphe: Marthe Rasmussen (NOR)

Musique: Ride On Into The Sunset - Barry Upton & Wild At Heart



KICK, KICK, COASTER STEP, KICK, KICK, COASTER STE

- 1-2 Kick right forward, kick right to right side
- 3&4 Step right back, step left beside right, step right forward
- 5-8 Repeat counts 1-4, start with left foot

HIP BUMPS PADDLE TURN, ROCK, RECOVER, SHUFFLE ½ RIGHT

- 9 Step right forward and bump right hip
- 10-12 Bump right hip three more times completing ½ left paddle turn
- 13-14 Rock right forward, recover onto left foot
- 15&16 Shuffle right-left-right with ½ turn right

ROCK, RECOVER, SHUFFLE ½ LEFT, VINE RIGHT AND CLAP

- 17-18 Rock left forward, recover onto right foot
- 19&20 Shuffle left-right-left with ½ turn left
- 21-22 Step right to side, step left behind right
- 23-24 Step right to side, touch left next to right and clap

VINE LEFT WITH FULL TURN LEFT AND CLAP, KICK BALL CHANGE, KICK BALL CHANGE

- 25-26 Turn ¼ left step forward on left, turn ½ left step back on right
- 27-28 Turn ½ left step to the side on left, touch right next to left and clap
- 29&30 Right kick forward, step on ball of right foot in 3rd pos, step left foot in place
- 31&32 Right kick forward, step on ball of right foot in 3rd pos, step left foot in place

PIVOT ¼ LEFT, PIVOT ¼ LEFT, KICK BALL CHANGE, KICK BALL CHANGE

- 33-34 Step right forward, pivot ¼ left (weight on left)
- 35-36 Step right forward, pivot ¼ left (weight on left)
- 37&38 Right kick forward, step on ball of right foot in 3rd pos, step left foot in place
- 39&40 Right kick forward, step on ball of right foot in 3rd pos, step left foot in place

PIVOT ¼ LEFT, PIVOT ¼ LEFT, RIGHT SHUFFLE, LEFT SHUFFLE

- 41-42 Step right forward, pivot ¼ left (weight on left)
- 43-44 Step right forward, pivot ¼ left (weight on left)
- 45&46 Shuffle forward right-left-right
- 47&48 Shuffle forward left-right-left

ROCK, RECOVER, RIGHT SHUFFLE BACK, LEFT SHUFFLE BACK, ROCK BACK, RECOVER

- 49-50 Rock right forward, recover onto left foot
- 51&52 Shuffle back right-left-right
- 53&54 Shuffle back left-right-left
- 55-56 Rock right back, recover onto left foot

STEP, ½ TURN RIGHT, ½ TURN RIGHT WITH STOMP RIGHT, STOMP LEFT

- 57-58 Right step forward, ½ turn right and step back on left
- 59-60 ½ turn right and stomp right forward, stomp left next to right

REPEAT

