# Rhythm Of My Heart



Compte: 32 Mur: 4 Niveau: Beginner

Chorégraphe: Joseph Yip (SG)

Musique: Rhythm of My Heart - Rod Stewart



Dedicated to the committee of the Country Line Dance Association of Singapore for their continuous effort in the promotion of line dancing in Singapore!

### GRIND, STEP, COASTER STEP, TWICE

1-2 Step and grind right heel forward with toes from in to out, step back on left

3&4 Step right foot back, step left foot together, step right foot forward

5-6 Step and grind left heel forward with toes from in to out, step back on right

7&8 Step left foot back, step right foot together, step left foot forward

## FORWARD SAILOR TWICE, ROCK, STEP, 1/2 TURN RIGHT SHUFFLE

Right over left, left to left, right to right
Left over right, right to right, left to left

5-6-7&8 Right forward, recover on left, ½ turn right shuffle right, left, right

## FORWARD SAILOR TWICE, ROCK, STEP, 1/2 TURN LEFT SHUFFLE

1-8 Repeat above steps with other foot

### FORWARD, 1/4 TURN X 3, ROCK, STEP & ROCK, STEP &

1-2 Right forward, ¼ turn right stepping left back
3-4 ¼ turn right on right, ¼ turn right on left
5-6& Right forward, recover on left, right next to left

7-8& Left forward, recover on right, left next to right

#### **REPEAT**