

# Rescue Me

**COPPER** KNOB  
BY STEPHENETS

**Compte:** 32

**Mur:** 4

**Niveau:** Improver

**Chorégraphe:** Heather Frye (CAN)

**Musique:** Rescue Me - Fontella Bass



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## **KICK RIGHT FORWARD, KICK RIGHT TO RIGHT CORNER, RIGHT SAILOR STEP, KICK LEFT FORWARD, KICK LEFT TO LEFT CORNER, LEFT SAILOR STEP**

- 1-2 Kick right foot forward, kick right foot to right corner  
3&4 Cross step right behind left (angle body slightly), step left to side, step right slightly forward and to right side  
5-6 Kick left foot forward, kick left foot to left corner  
7&8 Cross step left behind right (angle body slightly), step right to side, step left slightly forward and to left side

## **ROCK RIGHT FORWARD, RECOVER LEFT, SHUFFLE BACK RIGHT, LEFT, RIGHT - LEFT COASTER STEP**

- 1-2 Rock forward onto right foot, recover back onto left foot  
3&4 Shuffle back right, left, right  
5&6 Step left back, close right to left, step forward onto left  
7&8 Kick right foot forward, rock back onto ball of right foot, step slightly forward onto left

## **STEP ½ TURN LEFT, TURN BACK ½ RIGHT, PIVOT ½ TURN RIGHT, BEHIND BALL CROSS, ROCK SIDE LEFT, RECOVER RIGHT**

- 1-2 Step right forward, turn a ½ left taking weight onto left  
3-4 Turn back ½ right taking weight onto right, pivoting a ½ turn right on right foot stepping slightly out to the left onto left foot  
5&6 Cross step right behind left, step side left, cross step right across left  
7-8 Rock out side left, recover onto right

## **KICK LEFT MAKING A ¼ TURN LEFT - LEFT COASTER STEP, STEP TURN ½ LEFT, STEP FORWARD RIGHT, SHUFFLE FORWARD, RIGHT, LEFT**

- 1 Kick left forward while pivoting a ¼ turn on right foot  
2&3 Step left back, close right to left, step forward onto left  
4-5-6 Step forward right, pivot ½ turn left taking weight onto left, step forward onto right  
7&8 Shuffle forward left, right, left

**REPEAT**

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