

# Relax

**Compte:** 56

**Mur:** 4

**Niveau:** Intermediate

**Chorégraphe:** Kelly Tattersall & Jason Gosling

**Musique:** Relax, Take It Easy - MIKA



## **WEAVE, TOUCH, CROSS, TOUCH, CROSS, TOUCH**

- 1-2-3-4 Cross right over left, left to left, cross right behind left, touch left to left  
5-6-7-8 Cross left over right, touch right out to right, cross right over left, touch left out to left

## **¼ TURN RIGHT, WEAVE, FULL TURN**

- 1-2-3-4 Turn ¼ turn left replacing weight onto right. Cross left over right, step right out to right  
5-6-7-8 Left behind right, ¼ turn right, full turn weight onto right foot

## **LUNGE FORWARD, DRAG BACK, PIVOT ½ TURN, BACK COASTER STEP**

- 1-2-3-4 Lunge forward onto left, replace weight onto right, step back onto left, drag right foot back beside left  
5-6-7&8 Point right toe slightly back, pivot ½ turn right, step right back, left beside right, step right forward

## **½ TURN, ½ TURN, KICK BALL CHANGE, ¼ LEFT SAILOR**

- 1-2-3-4 Step forward left, ½ turn right, step forward left, ½ turn right  
5&6-7&8 Kick left foot across right, place weight onto left, replace weight onto right. Step left foot behind right ¼ turn right placing weight onto right foot. Step left beside right

## **DOROTHY, SIDE ROCK, REPLACE, ½ TURN MONTEREY**

- 1-2&3-4 Step right forward, lock left behind right, step onto right, step left to left, replace weight onto right  
&5-6-7-8 Bring left beside right, point right toe out, bring right foot back in while turning ½ turn right. Point left toe left, bring back beside right

## **DOROTHY, SIDE ROCK REPLACE, CROSS, ½ TURN UNWIND, FULL TURN**

- 1-2&3-4 Step right forward, lock left behind right, step onto right, step left to left, replace weight onto right  
&5-6-7-8 Bring left in beside right, cross right over left, ½ turn unwind left, full turn

## **WALK, WALK, MAMBO STEP, ROCK BACK, REPLACE, SHUFFLE**

- 1-2-3&4 Walk forward right, left, rock forward right replace weight onto left, step back right  
5-6-7&8 Rock back left, replace weight forward onto right, shuffle forward left-right-left

## **REPEAT**

## **TAG**

**End of 5th wall facing 3:00**

## **WALK, ROCK FORWARD, REPLACE, SWEEP LEFT BEHIND, ROCK BACK, REPLACE SHUFFLE**

- 1-2-3-4 Walk forward right, rock onto left, replace weight back onto right, sweep left foot around and behind  
5-6-7&8 Replace weight back onto left, rock forward onto right. Shuffle forward left-right-left

## **RESTART**

**On 2nd, 7th & 8th walls, restart after 48 counts**

**On 3rd & 6th walls, restart after 32 counts**

**The restarts will be on the word "relax" at the start of the verse or chorus**

## **ENDING**

**Dance ends on the 9th wall facing the front after 32 counts**

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