

Relax

Compte: 32

Mur: 2

Niveau: Beginner

Chorégraphe: Linda Hegarty (UK)

Musique: Take It Easy - Travis Tritt



SHUFFLE RIGHT-LEFT-RIGHT, LEFT-RIGHT-LEFT BOX RIGHT ¼ TURN RIGHT

- 1&2 Shuffle forward right left right
- 3&4 Shuffle forward left right left
- 5-6 Cross right over left, step left back
- 7-8 Step right to right while turning ¼ turn right, step left beside right

SHUFFLE RIGHT-LEFT-RIGHT STEP LEFT HOLD SHUFFLE RIGHT-LEFT-RIGHT STEP LEFT HOLD

- 9&10 Shuffle forward right left right
- 11-12 Step left forward and hold
- 13&14 Shuffle forward right left right
- 15-16 Step left forward and hold

GRAPEVINE RIGHT WITH ¼ TURN RIGHT, GRAPEVINE LEFT

- 17-18 Step right to right side, step left behind right
- 19-20 Step right to right side, touch left beside right while turning ¼ turn right
- 21-22 Step left to left side, step right behind left
- 23-24 Step left to left side, touch right beside left

TOE HEEL, TOE HEEL, KICK KICK ROCK BACK

- 25-26 Touch right toe forward and drop heel
- 27-28 Touch left toe forward and drop heel
- 29-30 Kick right forward twice
- 31-32 Rock back on right and recover onto left

REPEAT
