Rama Lama Ding Dong



Compte: 32 Mur: 4 Niveau: Improver

Chorégraphe: Susanne Schalewa (DE) & Gert Wollschlager (DE)

Musique: Rama Lama Ding Dong - Rocky Sharp & The Replays



CROSS, SIDE, SAILOR STEP, KICK BALL STEP

1	Cross left foot in from	nt of right foot
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2 Step right foot to right side 3 Cross left foot behind right foot & Step right foot to right side 4 Step left foot to left side 5 Kick right foot diagonal left & Step right foot together 6 Step left foot to left side 7 Kick right foot diagonal left & Step right foot together

CROSS, SIDE, SAILOR STEP, KICK BALL STEP

Step left foot to left side

9	Cross	riaht	foot in	front	of left foot

10 Step left foot to left side

8

11 Cross right foot behind left foot

& Step left foot to left side 12 Step right foot to right side 13 Kick left foot diagonal right & Step left foot together Step right foot to right side 14 15 Kick left foot diagonal right & Step left foot together Step right foot to right side 16

CROSS SHUFFLE, ¼ TURN RIGHT & SHUFFLE FORWARD, ¼ RIGHT & CHASSÉ LEFT, ¼ SAILOR TURN RIGHT

1/	Cross left foot in front of right foot
0	Cton right foot to right side

& Step right foot to right side

18 Cross left foot in front of right foot 19 ¼ turn right and step right foot forward

& Step left foot togetherStep right foot forward

21 ½ turn right on ball of right and step left foot to left side

& Step right foot togetherStep left foot to left side

Cross right foot behind left foot4 turn right and step left foot back

24 Step right foot forward

BALL, BALL, HEEL, STEP DOWN & BEND KNEES, TOE SPLIT, STEP DOWN & BEND KNEES, HITCH

Step on ball of left foot next to right foot, turn left knee in Step on ball of right foot in place, turn right knee in

Weight is on both balls, knees pointed inward, heels are up

27	Step on heel of left foot in place, turn knee out	
28	Step on heel of right foot in place, turn knee out	
Weight is on both heels, knees pointed outward, toes are up		
29	Turn toes to the front and step down, bend both knees	
30	Put weight on both heels, straight legs, turn toes out	
31	Turn toes to the front and step down, bend both knees	
32	Hitch left foot, straight right leg	

REPEAT

TAG

After the second wall hold the hitch a bit longer and start again with the vocals

TAG

At the end of the fifth wall dance to count 31 and hold count 32. Then dance the following steps:

1	(Rama) turn left knee
2	(Lama) turn right knee
&	Bring both knees out
3	(Ding) bring both knees in
&	Bring both knees out
4	(Ding) bring both knees in
5	(Rama) turn left knee
6	(Lama) turn right knee
&	Bring both knees out
7	(Ding) bring both knees in
&	(Ding) bring both knees out
8	(Ding) bring both knees in
1	Left foot touch next to right foot
2	Left foot touch heel left diagonal
3	Left foot touch heel left diagonal