

# A Quick Little Dance (P)

**COPPERKNOB**  
BY SHEETS

Compte: 48

Mur: 0

Niveau: Partner

Chorégraphe: Jeff Mills (UK) & Thelma Mills (UK)

Musique: Blues About You Baby - Delbert McClinton



**Position: Right Open Promenade position, Holding Inside Hands**

**Mans footwork listed, lady's opposite throughout. Both start with weight on inside feet**

## **WALK X 3, HITCH, ROCK STEPS TWICE**

- 1-4 Walk forward left, right, left, hitch right
- 5-6 Step & rock forward onto right, recover weight on left
- 7-8 Step & rock back on right, recover onto left

**MAN: STEP FORWARD, HOLD, ½ TURN LEFT, HOLD, REPEAT WITH ¼ TURN / LADY: STEP FORWARD, HOLD, ½ TURN RIGHT, HOLD, REPEAT WITH ¼ TURN**

- 9-10 **MAN:** Step forward onto right, hold  
**LADY:** Step forward onto left, hold
- 11-12 **MAN:** Turn ½ turn left to face RLOD, hold  
**LADY:** Turn ½ turn right to face RLOD, hold
- 13-14 **MAN:** Step forward onto right, hold  
**LADY:** Step forward onto left, hold
- 15-16 **MAN:** Turn ¼ turn left to face OLOD, hold  
**LADY:** Turn ¼ turn right to face ILOD, hold

## **HANDS:**

- 9 Point inside hands forward
- 12 Man pick up lady's right hand with his left
- 13 Release mans right & lady's left hands
- 16 Man picks up lady's left hand with his right

**Man & lady now facing each other**

## **CROSS ROCK, TOGETHER, HOLD, REPEAT WITH ¼ TURN**

- 17-18 Cross rock right over left, recover weight onto left
- 19-20 Step right next to left, hold
- 21-22 Cross rock left over right, recover weight onto right
- 23-24 **MAN:** Step left ¼ turn left into LOD, hold  
**LADY:** Step right ¼ turn right into LOD, hold

## **TOE, HEEL, CROSS, HOLD TWICE**

- 25-26 Touch right toe to left instep, touch right heel to left instep
- 27-28 Cross right over left, hold
- 29-30 Touch left toe to right instep, touch left heel to right instep
- 31-32 Cross left over right, hold

## **HEEL FORWARD, HOLD, TOE BACK, HOLD, STEP SLIDE, STEP TOUCH**

- 33-34 Touch right heel forward, hold
- 35-36 Touch right toe back, hold
- 37-38 Step forward on right, slide left next to right
- 39-40 Step forward on right, touch left next to right

## **HANDS:**

- 33 Point inside hands forward
- 35 Point inside hands to rear

**MAN: LEFT VINE, TOUCH, RIGHT VINE, TOUCH / LADY: RIGHT VINE, TOUCH, 3 STEP TURN LEFT, TOUCH**

41-42           **MAN:** Step left to left side, step right behind left  
                  **LADY:** Step right to right side, step left behind right

43-44           **MAN:** Step left to left side, touch right next to left  
                  **LADY:** Step right to right side, touch left next to right

45-46           **MAN:** Step right to right side, step left behind right  
                  **LADY:** Step left to left side, step right behind left

47-48           **MAN:** Step right to right side, touch left next to right  
                  **LADY:** Step left to left side, touch right next to left

**During counts 41-44 keep hold of inside hands. On count 45, release inside hands & pick back up on count 48 to return to open promenade position**

**REPEAT**

**Beats 45-47 in heading for lady are described as a three step turn, but steps are shown as an ordinary vine, so the lady has a choice**

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