

# Quick 'n' Slow

Compte: 26

Mur: 2

Niveau: Beginner

Chorégraphe: Maggie Marquard (USA)

Musique: One More Last Chance - Vince Gill



## WALKING FORWARD, STEPPING BACK WITH ½ TURN

- 1-2 (QQ) Step right forward; step left forward  
3-6 (SS) Step right forward; hold; step left forward; hold  
7-8 (QQ) Step right back; step left back (preparing to turn right)  
9-12 (SS) Step right back making ½ turn right; hold; step left forward; hold

## STEPPING BACK WITH ½ TURN, WALKING FORWARD

- 13-14 (QQ) Step right back; step left back (preparing to turn right)  
15-18 (SS) Step right back making ½ turn right; hold; step left forward; hold  
19-20 (QQ) Step right forward; step left forward  
21-24 (SS) Step right forward; hold; step left forward; hold

## ½ TURN, CROSS, SIDE STEP, SIDE STEP, TOGETHER, SIDE STEP

- 25-26 (QQ) Pivot on left making ½ turn right and step right to right side; step left over right  
27-28 (S) Step right to right side; hold  
29-30 (QQ) Step left to left side; step right next to left  
31-32 (S) Step left to left side; hold

## CROSS, CROSS, STEP, SLIDE, CROSS, CROSS, STEP, SLIDE

- 33-34 (QQ) Cross right over left; cross left over right  
35-38 (SS) Step right forward angled right; hold; slide left next to right; hold  
39-40 (QQ) Cross left over right; cross right over left  
41-44 (SS) Step left forward angled left; hold; slide right next to left; hold

## STEP, ½ TURN, STEP, STEP, ½ TURN, STEP

- 45-46 (QQ) Step right forward; make ½ turn left (weight to left)  
47-48 (S) Step right forward; hold  
49-50 (QQ) Step left forward; make ½ turn right (weight to right)  
51-52 (S) Step left forward; hold

## REPEAT