

# Pushin' Country

Compte: 48

Mur: 2

Niveau: Intermediate

Chorégraphe: Cher Palmer & Debbie Jones

Musique: Pushin' Country - The Riversedge Band



## KICK-BALL-CHANGE, TOE TOUCHES, SAILOR STEPS

- 1&2 Kick right forward, quickly step slightly back on right, step slightly forward on left  
3-4 Touch right toe forward, touch right toe to side  
5&6 Cross right foot behind left, step left foot to side, step right foot to side  
7-8 Touch left toe forward, touch left toe to side  
9&10 Cross left behind right, step right foot to side, step left foot to side

## 2 RIGHT- KICK-BALL-CHANGES, RIGHT SHUFFLE, LEFT SHUFFLE

- 11&12 Kick right forward, quickly step slightly back on right, step slightly forward on left  
13&14 Kick right forward, quickly step slightly back on right, step slightly forward on left  
15&16 Step right forward, close left beside right, step right forward  
17&18 Step left forward, close right beside left, step left forward

## VINE TO THE RIGHT, VINE TO THE LEFT

- 19-22 Side step right, step left behind right, side step right, touch together left  
23-26 Side step left, step right behind left, side step left, touch together right

## RIGHT & LEFT SWITCHES, & HEEL & TOUCH, & HEEL & TOUCH & RIGHT & LEFT SWITCHES

- 27& Touch right to right side, step right beside left  
28& Touch left to left side, step left beside right  
29& Touch right heel forward, step right beside left  
30& Touch left toe next to right, step left beside right  
31& Touch right heel forward, step right beside left  
32& Touch left toe next to right, step left beside right  
33& Touch right to right side, step right beside left  
34& Touch left to left side, step left beside right

## BUMP & GRINDS, RIGHT SHUFFLE, ROCK STEP, TRIPLE STEP WITH ½ TURN

- 35-36 Step down on right foot while double bumping right hip forward  
37-38 Double bump left hip back  
39-42 Rotate hips counter to the right for 4 beats  
43&44 Step right forward, close left beside right, step right forward  
45-46 Rock forward at an angle on left foot, step in place on right foot  
47&48 Turn half turn left stepping left, right, left

## REPEAT

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