

Push The Button

Compte: 32

Mur: 4

Niveau: Intermediate



Chorégraphe: John Reid (UK)

Musique: Push the Button - Sugababes

HEEL SWITCHES, SCUFF & STEP, SAILOR STEP ¼ TURN, ROCK & ROCK

- 1&2& Touch right heel forward, touch right beside left, touch left heel forward
- 3&4 Step left in place, scuff forward with right foot, step right foot out to right side
- 5&6 Cross left behind right, step right to right side, make ¼ turn left stepping forward onto left
- 7&8& Rock forward on right, recover onto left, rock back on right, recover weight forward onto left

¼ TURN TOUCH, TOE SWITCHES, CROSS UNWIND, COASTER STEP

- 1-2 Step right to right side making a ¼ turn left, touch left next to right
- 3&4 Touch left toe to left side, step left in place, touch right toe to right side
- 5-6 Cross right over left, unwind ½ turn left keeping weight on right foot
- 7&8 Step back left, step right beside left, step left forward

WEAVE, SAILOR STEP, ¾ TURN, SWEEP ½ TURN

- 1-2 Cross right over left, step left to left side
- 3&4 Step right behind left, step left to left side, step right in place
- 5-6 Cross left behind right, unwind ¾ turn over left shoulder keeping weight on left foot
- 7-8 Make ½ turn left sweeping right foot round in front of left, touching right foot next to left

JUMP OUT & IN, ½ TURN TOUCHES TWICE, LEFT SHUFFLE

- &1&2 Jump out right and left, jump in right left touching left toe next to right
- 3-4 Step forward on left making a ½ turn right, touch right toe next to left
- 5-6 Step forward on right making a ½ turn left, touch left toe next to right
- 7&8 Step forward left, step right next to left, step forward left

REPEAT
