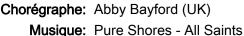
Pure Shores

Compte: 32

Niveau: Intermediate/Advanced



ROCK RECOVER, CROSS SHUFFLE, TOUCH, TURN ¼, HITCH, LEFT FORWARD, MODIFIED HEEL JACK

- 1-2 Rock right to side, recover to left
- 3&4 Cross right over left, step left to side, cross right over left
- 5&6 Touch left toe to side, turn ¼ right and hitch left knee, step left slightly forward
- &7&8 Step right back, touch left heel forward, step left together, hitch right knee

STEP SLIDE TO RIGHT, HEEL SWIVELS, RIGHT LOCK STEPS FORWARD WITH OPTIONAL ARM MOVEMENTS

- 9-10 Big step right to side, slide left together
- Ending with left toe touched together
- 11&12& Touch left toe forward, swivel both heels left, swivel both heels to center, step left together 13-14 Step right forward, lock left behind right
- Body should be angled to left diagonal while lock steps are stepping forward
- 15&16 Step right forward, lock left behind right, touch right forward
- Body should still be angled to left diagonal while lock steps are stepping forward
- Optional arm movements for counts 13-16
- 13: Bring right arm up and forward in a crawl swimming stroke
- 14: Bring left arm up and forward in a crawl swimming stroke
- 15: Repeat arm movement for count 13
- &: Repeat arm movement for count 14
- 16: Repeat arm movement for counts 13 & 15

TOE SWITCHES TRAVELING BACKWARDS, CROSS UNWIND TURN ½ LEFT, LOCK STEP FORWARD

- 17& Touch right toe diagonally forward, cross right behind left
- 18& Touch left toe to side, cross left behind right
- 19& Touch right toe to side, cross right behind left
- 20 Touch left toe to side

While doing counts 17-20 you should be traveling backwards

- &21-22 Step left together, cross right over left, unwind ½ left (weight to right)
- 23&24 Step left forward, lock right behind left, step left forward

RONDE TURN ½ LEFT, RIGHT SHUFFLE FORWARD, SWIVEL STEPS, RIGHT CHASSE

- 25-26 Sweep right from back to front turning ½ left, touch right together
- 27&28 Step right forward, step left together, step right forward
- 29-30-31 Skate left, skate right, skate left
- &32 Step right together, step left to side

REPEAT





Mur: 4