# Pump It



Compte: 32 Mur: 4 Niveau: Beginner

Chorégraphe: Raymond Sarlemijn (NL)

Musique: Pump Up the Jam - Technotronic



### BUMP HIP FORWARD, BUMP HIP FORWARD, ½ TURN LEFT, STEP ON SPOT, STEP ON SPOT

1-2	Touch right forward and bump hip right, step right in place
3-4	Touch left forward and bump hip left, step left in place

5-6 Step right forward, turn ½ left (weight to left)

7-8 Step right in place (left arm forward), step left in place (right arm forward)

## BUMP HIP FORWARD, BUMP HIP FORWARD, ½ TURN LEFT, ¼ TURN LEFT

1-2	Touch right forward and bump hip right, step right in place
3-4	Touch left forward and bump hip left, step left in place

5-6 Step right forward, turn ½ left (weight to left)
7-8 Step right forward, turn ¼ left (weight to left)

### KNEE IN AND OUT, SAILOR STEP, SAILOR STEP, POINT FORWARD, POINT TO THE SIDE

1&2 Hold

#### On counts 1&2, swivel knees in, out, in. Also, put your right arm in the air and wave right, left, right

3&4 Step right back, step left together, step right to side5&6 Step left back, step right together, step left to side

7-8 Touch right forward, touch right to side

## 1/2 TURN RIGHT, COASTER STEP, ROCK STEP LEFT, ROCK STEP RIGHT, 1/2 TURN LEFT

1&2 Turn ½ right and step right back, step left together, step right forward

3-4 Step left to side (swing left arm forward), touch right together 5-6 Step right to side (swing right arm forward), step left together

7-8 Step right forward, turn ½ left (weight to left)

### **REPEAT**