

# Promises I Can't Keep

**COPPER** KNOB  
STEPSHEETS

Compte: 0

Mur: 4

Niveau: Improver

Chorégraphe: Derek Langevin (CAN)

Musique: Promises - Def Leppard



Sequence: AB, AA, AB, AA, Tag, AB, A to end

Part B is only done in the 24 counts between the verse and the chorus. After doing Part B the third time, hold 4 counts

## PART A

### TOUCH, SWING, SAILOR STEP (TWICE)

- 1-2 Touch right foot across left, swing right around behind left
- 3&4 Step right behind left, step left to left, step right out to right
- 5-6 Touch left foot across right, swing left around behind right
- 7&8 Step left foot behind right, step right to right, step left out to left

### STEP ½ TURN, ROCK, RECOVER, COASTER STEP, ROCK, RECOVER, STEP ¼ TURN

- 9-10 Step right forward while turning ½ right, rock forward on left
- 11-12 Recover right, step left back
- &13-14 Step right beside left, step left forward, rock forward on right
- 15-16 Recover left, step back on right with a ¼ turn to right

### SHUFFLE WITH ¼ TURN, "ROCKING CHAIR", ½ TURN JUMPING JACK (OR ½ TURN MONTEREY)

- &17-18 Step left beside left, step right to right with a ¼ turn, rock forward on left
- 19-20 Recover on right, rock back on left
- 21-22 Recover on right, step left to left and right to right simultaneously
- 23-24 Cross feet with right in front, ½ turn over left (ending with weight on left foot)

#### Alternate steps:

- 21-22 Recover on right, left to left
- 23-24 ½ turn over left, touch right to right

### KICKBALL CHANGE, RIGHT SHUFFLE FORWARD, TOUCH, CROSS, ¼ MONTEREY TURN

- 25&26 Kick right foot forward, step right beside left, step left beside right
- 27&28 Step right forward, step left beside right, step right forward
- 29-30 Touch left to left, cross left in front of right
- 31-32 Touch right to right, slide right beside left with ¼ turn (keep weight on left)

## PART B

### STEP FORWARD, ½ TURN, SHUFFLE FORWARD, ROCK, RECOVER, COASTER STEP

- 1-2 Step forward on right foot, ½ turn to left
- 3&4 Step right forward, step left beside right, step right forward
- 5-6 Rock left forward, recover right
- 7-8 Step left back, step right beside left, step left forward

### REPEAT

- 9-10 Step forward on right, ½ turn to left
- 11-12 Step right forward, step left beside right, step right forward
- 13-14 Rock forward on left, recover on right
- 15-16 Step left back, step right beside left, step forward on left

### STEP FORWARD, ½ TURN, ¼ TURN SHUFFLE, BACK COASTER STEP WITH ¼ TURN, HEEL TOUCH WITH DIP, TOUCH

17-18	Step right forward, ½ turn to left
19&20	Step right forward with ¼ turn to left, step left beside right, step right to right
21&22	Step left behind right with ¼ turn to left, step right beside left, step left forward
23-24	Touch right heel forward while bending left knee slightly, touch right toes beside left while standing

**TAG**

1-16	First 16 counts of Part B
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