

Promises

Compte: 51

Mur: 2

Niveau: Intermediate waltz

Chorégraphe: Terry Hogan (AUS)

Musique: Stars Over Texas - Tracy Lawrence



DIAGONAL CROSS, SHUFFLE, CROSS-ROCK, TOGETHER, FORWARD

- 1 Step right foot toward left diagonal crossing left foot
2&3 Step left toward left diagonal, slide right beside left, step left toward left diagonal
4-5 Rock-step right foot across in front of left, replace weight onto left foot
&6 Step right beside left, step left slightly forward

FORWARD, ½ PIVOT LEFT, ½ TURN LEFT SHUFFLE, BACK, ½ TURN RIGHT SHUFFLE

- 7-8 Step right forward, make ½ pivot turn left stepping forward onto left foot
9&10 Shuffle forward right, left, right making ½ turn left - you will finish the move traveling backward
11 Step left foot backward
12&13 Shuffle backward right, left, right making ½ turn right - you will finish the move traveling forward

On both turning shuffles, the turn should be completed on the first two steps of the move

ROCK FORWARD, BACK, BALL CROSS, ROCK FORWARD, BACK

- 14-15 Rock-step left forward, rock backward onto right
&16 Step slightly backward on ball of left foot, step right across in front of left
17-18 Rock-step left forward, rock backward onto right

BALL CROSS, FORWARD CROSS, SIDE, ½ LEFT, CROSS, SIDE, TOGETHER

- &19 Step slightly backward on ball of left foot, step right across in front of left

Counts 14-19 should travel to the side left

- 20-21 Step left forward and slightly to left side, step right slightly forward
22 Make ½ turn left on ball of right foot and step left to the side
23-24 Step right across in front of left, step left to the side
& Slide-step right foot beside left - facing 12:00

SIDE, CROSS-ROCK, SIDE, CROSS, ¼ LEFT BACK

- 25 Step left foot to the side
26-27 Rock-step right foot across in front of left turning body toward left diagonal, replace weight onto left foot turning to face front again
28-29 Step right to the side, step left across in front of right foot turning body toward right diagonal
30 Make ¼ turn left and step right foot backward - facing 9:00 wall

½ LEFT FORWARD SHUFFLE, ½ PIVOT LEFT, FORWARD SHUFFLE

- 31&32 Make ½ turn left on ball of right foot and shuffle forward left, right, left
33-34 Step right foot forward, make ½ pivot turn left stepping forward onto left foot
35&36 Shuffle forward right, left, right - facing 9:00 wall

ROCK FORWARD, BACK, STEP BACK, ROCK FORWARD, BACK, STEP BACK

- 37-39 Rock-step left forward, rock backward onto right foot, step left backward
40-42 Rock-step right forward, rock backward onto left foot, step right backward

FORWARD, ½ LEFT, ½ LEFT, ½ LEFT, COASTER

- 43 Step left foot forward
44 Make ½ turn left and step right foot backward

- 45 Make ½ turn left and step left foot forward
46 Make ½ turn left and step right foot backward - facing 3:00 wall
47&48 Step left backward, step right beside left, step left forward - coaster step

½ LEFT BACK, ¼ LEFT SIDE, SLIDE TOGETHER, SIDE

- 49 Make ½ turn left on ball of left foot and step right foot backward
50 Make ¼ turn left on ball of right foot and step left foot to the side
&51 Slide right foot beside left, step left to the side (you will be facing back wall)

REPEAT

TAG

Each time you finish the 51 counts facing the front wall, add the following

CROSS ROCK, REPLACE ¼ RIGHT, FORWARD

- 1-2 Cross-rock right in front of left, replace weight onto left and make ¼ turn right
3 Step right foot forward

¼ RIGHT, DIAGONAL - BACK, CROSS, BACK, BACK, CROSS, BACK

- &4 Make ¼ turn right on right foot, step left foot backward toward left diagonal - facing back wall
5-6 Step right backward to cross over left, step left back toward left diagonal
7 Step right back toward right diagonal
8-9 Step left backward to cross over right, step right back toward right diagonal

ROCK BACK, FORWARD, ½ RIGHT, BACK, BACK, LEFT COASTER

- 10-11 Rock-step left foot backward, rock forward onto right
12 Make ½ turn right on ball of right foot and step left foot backward - facing front wall
13 Stride-step right foot backward
14&15 Step left foot backward, step right beside left, step left forward - coaster step
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