

Power

Compte: 32

Mur: 4

Niveau: Intermediate

Chorégraphe: Mark Hood (UK)

Musique: The Power - Vanessa Amorosi



KICK-BALL-CHANGE RIGHT TWICE, STEP RIGHT, & RECOVER, CROSS

- 1 Kick right
- & Step right in place
- 2 Step left in place
- 3 Kick right
- & Step right in place
- 4 Step left in place
- 5 Step right to the right
- 6 Rock left over right
- 7 Recover on the right
- & Step left to the left
- 8 Cross right over left

SIDE ROCK, RECOVER, SAILOR CROSS, STEP PIVOT TWICE

- 9 Rock left to the left
- 10 Recover on to the right
- 11 Step left behind right
- & Step right to the right
- 12 Cross left over right
- 13 Step right forward
- 14 Pivot ½ turn to the left
- 15-16 Repeat steps 13-14

SIDE MAMBO ROCK X4

- 17 Rock right to the right
- & Recover on the left
- 18 Step right over left
- 19 Rock left to the left
- & Recover on the right
- 20 Step left over right
- 21-24 Repeat steps 17-20

SHUFFLE BACK ½ RIGHT, STEP LEFT, ¾ TURN RIGHT, WEAWE, OUT-OUT

- 25 Step right back with ¼ turn to the right
- & Step left beside right with ¼ turn to the right
- 26 Step right in place
- 27 Step left forward
- 28 Turn ¾ to the right
- 29 Step left over right
- & Step right to the right
- 30 Step left behind right
- & Step right to the right
- 31 Step left over right
- & Step right to the right
- 32 Step left to the left

REPEAT
