

# Porushka Poranya

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Gary Lafferty (UK)

Musique: Porushka-Paranya - Bering Strait



## THE INTRO

There is a 32-count vocal intro to the music. Then dance 'the intro' once, then start 'the dance' just as the music kicks in with the fiddle!

### STEP, CLAP-CLAP, STEP, CLAP-CLAP, STEP, ¼ TURN, STEP, ¼ TURN

- 1&2 Step forward on right foot, clap, clap
- 3&4 Step forward on left foot, clap, clap
- 5-6 Step forward on right foot, pivot ¼ turn to left
- 7-8 Step forward on right foot, pivot ¼ turn to left

### STEP, CLAP-CLAP, STEP, CLAP-CLAP, ROCK FORWARD, RECOVER, TRIPLE ½ TURN

- 1&2 Step forward on right foot, clap, clap
- 3&4 Step forward on left foot, clap, clap
- 5-6 Rock forward on right foot, recover weight back onto left foot
- 7&8 Shuffle back turning ½ turn over right shoulder

## THE DANCE

### LEFT SHUFFLE, STEP FORWARD, ½ TURN, HEEL SWITCHES, CLAP, CLAP

- 1&2 Left shuffle forward
- 3-4 Step forward on right foot, pivot ½ turn to left
- 5&6 Touch right heel forward, step on right foot beside left, touch left heel forward
- &7&8 Step on left foot beside right, touch right heel forward, clap, clap

### RIGHT SHUFFLE BACK, ROCK STEP, STEP, BRUSH, STEP, BRUSH

- 1&2 Right shuffle back
- 3-4 Rock back on left foot, recover weight onto right foot
- 5-6 Step forward on left foot, brush right foot forward
- 7-8 Step forward on right foot, brush left foot forward

### ROCK FORWARD, RECOVER, ¼ TURN, TOUCH, FULL ROLLING TURN TO RIGHT, TOUCH/CLAP

- 1-2 Rock forward on left foot, recover weight back onto right foot
- 3-4 Turn ¼ left stepping to left on left foot, touch right beside left
- 5-7 Full rolling turn to right
- 8 Touch left foot beside right & clap

### SIDE, TOGETHER, FORWARD, HEEL-SPLIT, ROCK FORWARD, RECOVER, TRIPLE ½ TURN

- 1-2 Step to left on left foot, step on right foot beside left
- 3&4 Step forward on left foot, split heels apart, bring heels together
- 5-6 Rock forward on right foot, recover weight back onto left foot
- 7&8 Shuffle back turning ½ turn over right shoulder

## REPEAT

## FINISH

After dancing 8 complete walls the music will come to a complete stop. You will be facing the home wall & here you will hold for a couple of seconds until the music kicks in again. Then do the 9th & final wall to finish (change the last triple ½ turn to a triple ¾ turn to ensure that you end facing front for a "nice" finish!)

