Pon De Replay



Compte: 32 Mur: 4 Niveau: Intermediate

Chorégraphe: Roy Hadisubroto (IRE)

Musique: Pon de Replay - Rihanna



SIDE STEPS (WITH KNEE POPS), RAISE KNEE, FLICK, FLICK, CHEST PRESS

1 Step right to right side on ball of both feet and pop both knees out (3:00)

& Step left next to right on ball of both feet and close knees

Step right to right side on ball of both feet and pop both knees out

& Step left next to right on ball of both feet and close knees (weight ended on right)

Arm position: left arm is out to left side and right arm is in front of chest. Body is making a side curve to right side. Head is facing to the right

3 Step left to left side on ball of both feet and pop both knees out (9:00)

& Step right next to left on ball of both feet and close knees

4 Step left to left side on ball of both feet and pop both knees out (weight ended on left)

Arm position: right arm is out to right side and left arm is in front of chest. Body is making a side curve to left side. Head is facing to the left

& Raise right knee and both hands slap on top of the knee

5 Step right forward (12:00)

& Flick left to left side (slap with left hand on it)

6 Step left forward

& Flick right to right side (slap with right hand on it)

7 Step right forward (weight ended on left)

8&2 X pop chest to the back

HOOK, KICK, STEP, HOOK, KICK, STEP, JAZZ BOX 1/4 TURN, WALK BACKWARDS

Hook right in front of left and bounce head
Kick right forward and bounce head
Step right next to left and bounce head
Hook left in front of right and bounce head
Kick left forward and bounce head

Arm movements: right arm is out to the front and finger is pointing down and follows the movements of the feet

5 Cross right over left

& Turn ¼ to the left and step left to the back (facing 9:00)

Step left next to right and bounce head

6 Step right to right side (12:00)

& Step left next to right

7 Step right to the back (3:00)

Step left to the back
Step right to the back
Step left next to right

RUN RUN! STEP, TOGETHER, ARM MOVEMENTS, STEP, TOGETHER, ARM MOVEMENTS

1 Step right forward (9:00)

& Step left forward and bend left knee

2 Step right forward and straighten right knee

& Step left forward and bend left knee

3 Step right forward and straighten right knee

& Step left forward and bend left knee

4 Step right forward and straighten right knee

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&	Step left forward and bend left knee
	s: as if you're running forward
5	Step right diagonally backwards (1:30) facing 10:30
&	Step left next to right
6	Grab with both hands your shirt at chest heights
&	Throw both hands to the front
7	Step left diagonally backwards (4:30) facing 7:30
&	Step right next to left
8	Grab with both hands your shirt at chest heights
&	Throw both hands to the front
GRAPEVINE, 2X 1/4 PEDDLE TURN LEFT WITH KNEE POPS	
1	Step right to right side (12:00)
2	Cross left behind right
3	Step right to right side
4	Step left next to right
Body movemen	· ·
5	Rock right to right side and pop right knee out (12:00)
&	Recover weight to left
6	Turn ¼ to the left, rock right to right side and pop right knee out (facing 6:00)
&	Recover weight to left
7	Turn ¼ to the left, rock right to right side and pop right knee out (facing 3:00)
&	Recover weight to left
8	Close right next to left
REPEAT	
TAG	
After walls 2 and 5	
OUT, OUT, JUN	MP, STEP, STEP (2X) WITH ARM MOVEMENTS
1	Step right out to right side (3:00)
2	Step left out to left side (9:00)
&	Jump both feet forward and put both arms up above head, hand palm facing forward
3	Step right forward with knees bend (12:00)
Arm movement:	start moving both arms downwards to the right
4	Step left forward with both knees bend (12:00)
Arm movement:	: finish the movement downwards to the left
5-8	Repeat count 1-4
PUSH, 2X 1/4 PEDDLE TURN LEFT WITH KNEE POPS	
1	Step right diagonally forward and push weight forward on ball of right (1:30)
2	Recover weight back on left and drag right next to left
&	Turn on both heels to the right (facing 10:30)
3	Step left diagonally forward and push weight forward on ball of left (10:30)
4	Recover weight back on right and drag left next to right
&	Turn on both heels to center (facing 12:00)
5	Rock right to right side and pop right knee out (3:00)
&	Recover weight to left
6	Turn ¼ to the left, rock right to right side and pop right knee out (facing 9:00)
&	Recover weight to left
7	Turn ¼ to the left, rock right to right side and pop right knee out (facing 6:00)
&	Recover weight to left
8	Close right next to left
-	5

