

Plastered

Compte: 32

Mur: 4

Niveau: Intermediate



Chorégraphe: Mare Dodd (USA)

Musique: 18 Wheels and a Crowbar - BR5-49

SAILOR SHUFFLES & KICK-BALL-CHANGE

- 1&2 Right sailor shuffle
- 3&4 Left sailor shuffle
- 5&6 Right sailor shuffle
- 7&8 Left kick-ball-change

SHUFFLE FORWARD; ½ PIVOT; SHUFFLE FORWARD; ¼ PIVOT

- 1&2 Shuffle forward left-right-left
- 3-4 Step forward on right; pivot ½ left
- 5&6 Shuffle forward right-left-right
- 7-8 Step forward on left; pivot ¼ left

SAILOR SHUFFLES & KICK-BALL-CHANGE

- 1&2 Left sailor shuffle
- 3&4 Right sailor shuffle
- 5&6 Left sailor shuffle
- 7&8 Right kick-ball-change

SHUFFLE FORWARD; FULL TURN FORWARD; SHUFFLE FORWARD; PIVOT ½

- 1&2 Shuffle forward right-left-right
- 3-4 Moving forward, turn full turn right, stepping left, right
- 5&6 Shuffle forward left-right-left
- 7-8 Step forward on right; pivot ½ left

REPEAT
