

# Plain Jane

Compte: 0

Mur: 4

Niveau: Intermediate/Advanced



Chorégraphe: "Calamity" Jane Newhard (USA)

Musique: Plain Jane - Neal McCoy

Sequence: AB, A, AB, A

## SECTION A

- 1-3 Vine - step right to right; cross step left behind right; step right to right  
4 Touch left heel forward  
&5 Step left behind right; cross step right over left  
&6 Step left to left; touch right heel forward  
&7 Step right beside left; cross step left over right  
&8 Step right to right; touch left heel forward
- 1-3 Vine - step left to left; cross step right behind left; step left to left (opt. Conga turn)  
4 Touch right heel forward  
&5 Step right beside left; cross step left over right  
&6 Step right to right; touch left heel forward  
&7 Step left beside right; cross step right over left  
&8 Step left to left; touch right forward
- 1&2 Shuffle forward right-left-right  
3-4 Step forward left; pivot ½ turn right to the right onto right  
5&6 Shuffle forward left-right-left  
7-8 Step forward right; pivot ½ turn left to the left onto left
- 1 Point right toe to right side  
&2 Step right beside left; point left toe to left side  
&3 Step left beside right; touch right heel forward  
&4 Step right beside left; touch left toe back  
&5 Step left beside right; touch right heel forward  
&6 Step right beside left; touch left toe back  
&7 Step left beside right; touch right heel forward  
8 Hold and clap hands
- 1-2 Bump hips forward/right twice  
3-4 Bump hips back/left twice  
5-6 Bump hips forward; bump hips back  
7-8 Bump hips forward; bump hips back
- 1&2 Shuffle forward right-left-right  
3-4 Rock forward on left; rock back on right  
5&6 Shuffle back left-right-left  
7-8 Rock back on right; rock forward on left
- 1-2 Step forward right; pivot ¼ turn left to the left onto left  
3-4 Step forward right; pivot ¼ turn left to the left onto left  
5-6 Step right to right side; cross step left behind right  
7-8 Step right turning ¼ turn right to the right; step left beside right

**SECTION B**

1-2 Step forward right; pivot  $\frac{1}{2}$  turn left to the left onto left

3-4 Step forward right; pivot  $\frac{1}{2}$  turn left to the left onto left

**REPEAT**

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