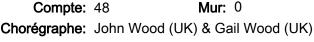
# Phoenix

Niveau:



Mur: 0

Musique: Phoenix - The James Twins

## **Position: Sweetheart**

#### **ROCKS/STEP/HOLD**

1-4 Rock forward at 45 degrees crossing left foot over right, rock back on right foot, step left foot back in place and hold for one beat

#### **ROCKS/STEP/HOLD**

5-8 Rock forward at 45 degrees crossing right foot over left, rock back on left foot, step right foot in place and hold for one beat

#### **TURN/HOLD**

9-12

Gent 3 steps left-right-left turning 1/4 turn

Lady turn <sup>3</sup>/<sub>4</sub> turn to the right on left on first step and hold for one beat right, left and hold for one beat

## (Arm movements. Gent brings Lady's Left arm over her head while turning changing hands when facing each other)

#### **ROCKS/STEP/HOLD**

- 13-16 Rock back on right foot behind left foot, rock forward on left foot, step together with right foot, hold for one beat
- 17-20 Rock forward on left foot, rock back on right foot, step together with left foot, hold for one beat

#### TURN/WRAP

21-24 Gent step right-left-right while turning to the left

> Lady step right-left-right while turning to the left a ¼ turn and hold for one beat a ¾ turn and hold for one beat

#### (Arm movements. Gent brings Lady's Right arm over her head into wrap)

#### **STEP SLIDES/TOUCH**

25-28 Step forward on left foot, slide right to left, step forward on left foot and touch right beside left at 45 degrees

#### **STEP SLIDES/BRUSH**

29-32 Step forward on right foot, slide left to right, step forward right at 45 degrees and brush left foot forward

#### **GRAPEVINE LEFT**

33-36 Grapevine to the left with touch beside left

# **GRAPEVINE RIGHT (WITH LADY TURNING)**

37-40 Gent grapevine to the right on right-left-right Lady three step full turn to the right on right-left-right and touch left beside right and touch left beside right

# (Arm movements. Bring both arms up over head and change hands returning to Sweetheart position)

#### SHUFFLES

41-48 Four forward shuffles starting on left foot





REPEAT