

# Pedal To The Metal

**Compte:** 48

**Mur:** 4

**Niveau:** Intermediate

**Chorégraphe:** Peter Metelnick (UK)

**Musique:** Lucky Arms - John Michael Montgomery



## **RIGHT GRAPEVINE, STEP APART, HOLD & CLAP, BUMPS LEFT AND RIGHT**

- 1-2 Step right on right foot, cross left behind right
- &3-4 Hop step right foot apart, hop step left foot apart (feet apart), hold and clap
- 5-6 Bump hips left twice
- 7-8 Bump hips right twice

## **POINT LEFT, HOLD, POINT RIGHT, HOLD, CROSS, UNWIND $\frac{3}{4}$ LEFT, KICK LEFT TWICE**

- 9-10& Touch left toes to left side, hold (clap optional), step left in place
- 11-12 Touch right toes to right side, hold (optional clap)
- 13-14 Cross right foot over left, unwind  $\frac{3}{4}$  turn left ending with weight on right foot
- 15-16 Kick left foot forward twice

## **SHUFFLE BACK RIGHT AND LEFT, ROCK BACK, RECOVER, STEP APART, HOLD & CLAP**

- 17&18 Step back on left, step right beside left, step back on left
- 19&20 Step back on right, step left beside right, step back on right
- 21-22 Rock back on left foot, recover on to right foot hop step left foot apart
- 23-24 Hop step right foot apart, hold and clap (end with feet shoulder width apart)

## **SWIVEL RIGHT TOGETHER, 4 HEEL SWIVELS WITH $\frac{1}{4}$ TURN LEFT**

- 25-28 With weight on left foot swivel right heel left, swivel right toes left, swivel right heel left, swivel right toes left ending with feet together
- 29-31 With weight on balls of both feet, swivel heels, left, right, left
- 32 Swivel heels right turning  $\frac{1}{4}$  turn left (end with weight on left foot)

## **SHUFFLE FORWARD RIGHT, HITCH WITH $\frac{1}{2}$ TURN RIGHT, BACK HITCH, COASTER STEP**

- 33&34 Step forward on right, step left beside right, step forward on right
- 35-36 Step forward left, hitch right knee up and turn  $\frac{1}{2}$  turn right on left foot
- 37-38 Step back on right, hitch left knee up
- 39&40 Step back on left, step right beside left, step forward left

## **SHUFFLE FORWARD RIGHT AND LEFT, STEP, $\frac{1}{2}$ TURN LEFT, STEP, $\frac{1}{4}$ TURN LEFT**

- 41&42 Step forward right, step left beside right, step forward right
- 43&44 Step forward left, step right beside left, step forward left
- 45-46 Step forward right, pivot  $\frac{1}{2}$  turn left
- 47-48 Step forward right, pivot  $\frac{1}{4}$  turn left (weight ends on left foot)

**REPEAT**

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