

Overflow

Compte: 40

Mur: 4

Niveau: Intermediate

Chorégraphe: Moses Bourassa Jr. (USA)

Musique: Over You - Gabrielle



HIPS SWAYS, SAILOR SHUFFLES, ¾ TURN CHA

- 1&2 Sway hips left, right, left
- 3&4 Step right behind left, step left to left, step right next to left
- 5&6 Step left behind right, step right to right, step left next to right
- 7&8 Rock forward on right, ½ turn with left, ¼ turn with right

ROCK STEP, STEP, COASTER STEP, MODIFIED TURNING CHA

- 1-2 Rock forward on left, recover on right
- 3&4 Step back on left, step forward on right, step forward on left
- 5-6 Rock forward on right, recover on left
- 7&8 Step right making a ½ turn to the right, step left making a ¼ turn to the right, cross right over left

POINT CROSSES, MODIFIED ½ TURN COASTER STEP, HOLD

- 1-2 Point left to left side, step left behind right
- 3-4 Point right to right side, step right in front of left
- 5-6 Step left back making a ¼ turn to the left, step back on right
- 7-8 Step back on left, hold

STEPS, POINT CROSSES, MODIFIED ½ TURN SAILOR SHUFFLE, HOLD

- 1-2 Step forward on right, step forward on left
- 3-4 Point right to right side, cross right over left
- 5 Point left to left side
- 6&7 Step left behind right making a ½ turn to the left, step right behind left, touch left next to right
- 8 Hold

STEP ½ TURN, ½ TURNING SHUFFLE, COASTER STEP, STEPS WITH BODY ROLLS

- 1-2 Step forward on left, step forward on right making a ½ turn to the left
- 3&4 Step back on left making a ½ turn to the left, step back on right, step back on left
- 5&6 Step back on right, step forward on left, step forward on right
- 7-8 Step forward on left starting body roll, bring right next to left

REPEAT
