

Over My Shoulder

Compte: 32

Mur: 2

Niveau: Improver

Chorégraphe: Geri Morrison (UK)

Musique: Over My Shoulder - Mike + The Mechanics



ROCK BACK, RECOVER, ½ LEFT TURN SHUFFLE BACK, ROCK BACK, RECOVER, ½ TURN RIGHT, SHUFFLE BACK

- 1-2 Rock back on right (look back over right shoulder at same time) recover weight on left
- 3&4 Turning ½ left, shuffle back (right, left, right)
- 5-6 Rock back on left (look back over left shoulder at same time) recover weight on right
- 7&8 Turning ½ right, shuffle back (left, right, left)

½ TURN SHUFFLE, CROSS BACK, & CROSS POINT, CROSS SHUFFLE

- 1&2 Turning ½ right, shuffle forward (right left right)
- 3-4 Cross left over right, step back on right
- &5 Step left next to right, cross right over left
- 6 Point left to left side
- 7&8 Cross shuffle (left, right, left,) facing 6:00

HIP BUMPS ¼ TURN SAILOR, SKATE RIGHT LEFT, ROCK RECOVER ½ TURN STEP,

- 1&2 Step right to right side (bumping hips right, left, right)
- 3&4 Left sailor, turning ¼ left
- 5-6 Skate forward right, left
- 7&8 Rock forward on right, recover weight on left, turn ½ turn right stepping forward on right

ROCK RECOVER ¼ TURN LEFT, RIGHT SAILOR, TOUCH KICK, SHUFFLE BACK

- 1&2 Rock forward on left, recover weight on right, turn ¼ left stepping to left side
- 3&4 (Right sailor) step right behind left, step side left, step side right
- 5-6 Touch left beside right, kick left forward,
- 7&8 Shuffle back, left, right, left, (facing 6:00)

REPEAT

TAG

At the end of 3rd wall and 5th wall

MAMBO BACK MAMBO FORWARD

- 1&2 Rock back on right, recover weight on left, step right beside left
- 3&4 Rock forward on left, recover weight on right, step left next to right

TAG

At end of 7th wall

- 1-4 Repeat above mambo counts,
 - 5-6 Rock back on right, recover weight on left
 - 7-8 Rock forward on right, recover weight on left
-