

# Over An Out

**Compte:** 128

**Mur:** 2

**Niveau:**

**Chorégraphe:** Mark A. Smith (AUS) & Trevor Smith (AUS)

**Musique:** Getting Used to Getting Over You - Gina Jeffreys



## **RIGHT KICK, TOUCH, RIGHT KICK, STEP, LEFT KICK, TOUCH, LEFT KICK, STEP**

- 1-2 Kick right foot forward at 45 degrees right, touch right toe in behind left foot
- 3 Kick right foot forward at 45 degrees right
- 4 Step right foot down in front of left
- 5-6 Kick left foot forward at 45 degrees left, touch left toe in behind right foot
- 7 Kick left foot forward at 45 degrees left
- 8 Step left foot down in front of right

## **RIGHT TOE TAP, RIGHT HEEL TAP, RIGHT JUMP, TAP, LEFT JUMP, TAP, RIGHT JUMP, TAP**

- 9-10 Tap right toe behind twice
- 11-12 Tap right heel forward twice
- 13-14 Jump right onto right foot, tap left toe in behind right with finger snaps
- 15-16 Jump left onto left foot, tap right toe in behind left with finger snaps
- 17-18 Repeat steps 13-14 inclusive

## **LEFT GRAPEVINE, STOMP**

- 19-20 Step left onto left foot, step right foot across behind left
- 21-22 Step left onto left foot, step right foot across in front of left
- 23-24 Step left onto left foot, stomp right foot in beside left

## **¼ PIVOT, ½ PIVOT, FORWARD ROLLING VINE**

- 25 Step forward onto right foot
- 26 Pivot ¼ turn left ending weight on left foot
- 27 Step forward onto right foot
- 28 Pivot ½ turn left ending weight on left foot

**The following rolling vine is performed as you turn a full turn right traveling forward along the floor.**

- 29 Step forward onto right foot to commence full right turn
- 30 Step onto left foot to continue full right turn
- 31 Step onto right foot to complete full right turn
- 32 Step forward onto left foot

## **SCUFF, STEP, SCUFF, STEP, ½ TURN WITH HEEL, TOE TOUCHES, STOMP**

- 33-34 Scuff right foot forward thru, step forward onto right foot
- 35-36 Scuff left foot forward thru, step forward onto left foot
- 37 Touch right heel in front of left foot
- 38 Pivot 1/8 turn left as you touch right toe in front of left foot
- 39-40 Touch right heel in front of left foot, stomp right in beside left

## **LEFT HEEL/TOE, RIGHT HEEL/TOE, REGGAE**

- 41-42 Step forward onto heel of left foot, drop left toes to floor
- 43-44 Step forward onto heel of right foot, drop right toes to floor
- 45-46 Step left across in front of right, step backwards onto right foot
- 47-48 Step left onto left foot, touch left foot in beside right

## **LEFT HEEL JACKS, RIGHT HEEL JACKS, REPEAT**

- 49-50            Jump backwards at 45 degrees right onto right tapping left 45 heel & then jumping feet together
- 51-52            Jump backwards at 45 degrees left onto left tapping right 45 heel & then jumping feet together
- 53-56            Repeat above steps 49-50 & 51-52

**LEFT TOE/HEEL, BACK ROCK, RIGHT HEEL/TOUCH, BACK ROCK**

- 57-58            Step left onto left toes, drop left heel to floor
- 59-60            Rock backwards onto right foot, rock forward onto left foot
- 61-62            Step right onto right toes, drop right heel to floor
- 63-64            Rock backwards onto left foot, rock forward onto right foot

**½ TOE/HEEL TURN, BACK ROCK, ½ TOE/HEEL TURN, BACK ROCK,**

- 65                Step forward onto toes of left foot
- 66                Pivot ½ turn right as you drop left heel
- 67-68            Rock backwards onto right foot, rock forward onto left
- 69                Step forward onto toes of right foot
- 70                Pivot ½ turn left as you drop right heel
- 71-72            Rock backwards onto left foot, rock forward onto right

**1 ½ ROLLING VINE WITH SNAPS, BACK ROCK**

- 73                Step forward onto left foot
- 74                Pivot ½ turn right on ball of left foot with finger snaps
- 75                Step backwards onto right foot
- 76                Pivot ½ turn right on ball of right foot with finger snaps
- 77                Step forward onto left foot
- 78                Pivot ½ turn right on ball of left foot with finger snaps
- 79-80            Rock backwards onto right foot, rock forward onto left foot

**FORWARD STEP/SCOOT**

- 81                Step forward onto right foot
- 82                Scoot forward on right foot as you kick left foot forward
- 83                Step forward onto left foot
- 84                Scoot forward on left foot as you kick right foot forward
- 85-87            Repeat steps 81 to 83
- 88                Stomp right foot in beside left to change weight

**LEFT TOE/HEEL TOUCHES, STOMP**

- 89-90            Touch left toe into right instep and hold
- 91-92            Touch left heel into right instep and hold
- 93                Touch left toe into right instep as you swivel left on ball of right foot
- 94                Touch left heel into right instep as you swivel left on heel of right foot
- 95                Touch left toe into right instep as you swivel left on ball of right foot
- 96                Stomp left foot in beside right to change weight

**ACROSS, BACK, TURN, SCUFF, ACROSS, BACK, TURN, TOGETHER**

- 97                Rock forward across at 45 degrees left in front of left stomping right
- 98                Rock backwards onto left foot
- 99                Turn ½ turn right on stepping onto right foot
- 100              Scuff left foot forward through
- 101              Rock forward across in front of right foot stomping left
- 102              Rock backwards onto right foot
- 103              Turn to face same direction as in step 96 stepping onto left foot
- 104              Touch right foot in beside left

**REPEAT LAST 16 STEPS IN MIRROR IMAGE**

105-120 Repeat steps 89 to 104

**APART, CROSS, RIGHT HEEL JACK, APART, CROSS, LEFT HEEL JACK**

121-122 Jump both feet apart, jump feet together crossing right over left

123-124 Jump backwards at 45 degrees left onto left foot tapping right 45 heel then jumping feet together

125-128 Repeat steps 121 to 124 in mirror image

**REPEAT**

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