

Over 40 Cha-Cha

COPPER KNOB
STEPSHEETS

Compte: 40

Mur: 1

Niveau: Intermediate



Chorégraphe: Forty Arroyo (USA)

Musique: Laredo Rose - Texas Tornados

Dedicated to the very talented instructor/choreographer Janet Humphrey.

CROSS, ROCK, ½ RIGHT, SHUFFLE RIGHT-LEFT-RIGHT

- 1-4 Cross rock right over left, rock back on left, shuffle in place right-left-right while turning ½ right
5-8 Cross rock left over right, rock back on right, shuffle in place left-right-left while turning ½ left

STOMP, STEP-TOUCHES

- 1-2& Stomp right next to left, stamp left next to right twice
3&4 Step left forward diagonally to left, touch right toes next to left, step back diagonally to right
5-6& Stomp left next to right, stamp right next to left twice
7&8 Step right forward diagonally to right, touch left toes next to right, step back diagonally to left

STEP, CROSS BEHIND, STEP, CROSS BEHIND, CROSS BEHIND, ¼ LEFT, STOMP, STOMP

- 1-4 Step right, cross left behind right while bending right knee forward, repeat for steps 3, 4
5-8 Cross right behind left, step left while turning ¼ left, stomp right next to left, stomp left next to right

BRUSH BALL TOUCH, CROSS, ½ TURN

- 1&2 Brush right forward, step in place on ball of right, touch left toes to side
&3-4 Step left in place, cross right over left, unwind ½ left (weight on left)
5-8 Repeat steps 1 thru 4 in this section

CROSS ROCK, STEP, SHUFFLE ¼ RIGHT, ROCK, STEP, SHUFFLE

- 1-4 Cross right over left, step left in place, shuffle in place left-right-left while turning ¼ right
5-8 Cross left over right, step right in place, shuffle in place right-left-right

REPEAT