

Outta Your Head

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Lizzie Clarke (SCO)

Musique: Out Of My Head - Sharon B



LEFT SHUFFLE FORWARD, RIGHT SHUFFLE TURNING ½ TURN LEFT, ROCK REPLACE, LEFT KICK BALL CHANGE

- 1&2 Left shuffle forward on left, right, left
- 3&4 Right shuffle turning ½ turn left on right, left, right
- 5-6 Rock back left, replace weight on right
- 7&8 Kick left forward, touch left beside right, step right in place

STOMP LEFT CLAP, STOMP RIGHT CLAP, LEFT KICK BALL CHANGE, STOMP LEFT CLAP

- 1-4 Stomp forward left & clap twice, stomp forward right & clap twice
- 5&6 Kick left forward, touch left beside right, step right in place
- 7-8 Stomp left and clap twice

VINE RIGHT TURNING ½ TURN RIGHT, SCUFF, LEFT SIDE SHUFFLE ¼ RIGHT, ROCK REPLACE

- 1-4 Step to right, cross left behind right, step to right turning ½ turn right, scuff left beside right
- 5&6 Side shuffle left on left, right, left, turn ¼ right
- 7-8 Rock back on right, replace weight on left

HEEL SWITCHES, STRIDE TOGETHER TWICE

- 1&2 Touch right heel forward & step right beside left, touch left heel forward
- &3-4 Step left beside right, long stride forward right, step left beside right
- 5&6 Touch right heel forward & step right beside left, touch left heel forward
- &7-8 Step left beside right, long stride forward right, touch left beside right

REPEAT
