

Out Of The Ashes

Compte: 32

Mur: 4

Niveau: Intermediate

Chorégraphe: Mel Fisher (UK)

Musique: Ashes By Now - Lee Ann Womack



SYNCOPATED ROCK STEPS, BACK SHUFFLE, BACK ROCK

- 1-2 Rock forward on right, replace weight onto left
- & Quickly step right beside left
- 4-5 Rock forward on left, replace weight onto right
- 5&6 Shuffle back on left, right, left
- 7-8 Rock back onto right, replace weight onto left

TRAVELING BACK SIDE CROSS BEHIND TWICE, ¼ TURN COASTER RIGHT, LEFT SHUFFLE

- 9&10 Rock out to side on right, rock to side on left, cross right behind left (traveling back slightly)
- 11&12 Rock out to side on left, rock to side on right, cross left behind right (traveling back slightly)
- 13&14 Step right behind left, step ¼ turn right onto left, step forward on right
- 15&16 Shuffle forward on left, right, left

SIDE ROCK, CROSS SHUFFLE, ¼ TURN LEFT SHUFFLE

- 17-18 Rock out to side on right, replace weight onto left
- 19&20 Cross right over left, step small step to left side, cross right over left
- 21-22 Rock out to side on left, step ¼ turn to right stepping forward on right
- 23&24 Shuffle forward on left, right, left

SIDE, HOLD, SIDE ROCK, KICK BALL CHANGE, ¼ TURN LEFT

- 25-26 Rock to side on right, hold
- & Quickly step left next to right
- 27-28 Rock to side on right, replace weight onto left
- 29&30 Kick right foot forward, step down onto ball of right foot, step on to left
- 31-32 Step forward on right, turn ¼ turn left putting weight onto left

REPEAT
