

# Out Of My Mind

**Compte:** 32

**Mur:** 4

**Niveau:** Intermediate



**Chorégraphe:** Craig Bennett (UK)

**Musique:** Out of My Mind - Will Young

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- |        |  |
|--------|--|
| 1-2    | Walk forward right, then left  |
| 3-4    | Rock forward on right, recover back onto left                          |
| 5&     | Step back right, step left together                                    |
| 6      | Make ¼ turn left stepping right to right side                          |
| 7&     | Cross left over right, step right to right side                        |
| 8      | Touch left diagonally forward left                                     |
|        |  |
| &9-10  | Step left beside right, cross right over left, touch left to left side |
| &11    | Step left beside right, touch right to right                           |
| &12    | Flick right out to right side, touch right forward                     |
| 13&14  | Swivel both heels - out, in, out                                       |
| &15    | Jump feet apart stepping - right then left                             |
| &16    | Lift heels up and down popping knees forward                           |
|        |  |
| 17-18  | Rock to left side on left, recover onto right                          |
| 19&20  | Left sailor ¼ turn left  |
| 21-22  | Step right forward, hold   |
| &23-24 | Step left beside right, step right forward, touch left beside right    |
|        |  |
| 25     | Step left back making ½ turn left                                      |
| 26     | Make further ½ turn left stepping right back                           |
| 27     | Make ¼ turn left stepping left to left side                            |
| 28     | Touch right beside left  |
| 29     | Step right to right side bumping hips right                            |
| 30     | Touch left toe to left side  |
| 31&32  | Bump hips left twice taking weight over to left                        |

**REPEAT**

**RESTART**

On 2nd wall after count 24 (step left in place instead of a touch) start again and enjoy

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