

The Only One

COPPER KNOB
BY STEPHENETS

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: William Sevone (UK)

Musique: You're the Only One - Keith Urban



2X CROSS-SIDE-½ LEFT ROCK-RECOVER (12:00)

- 1-2 Cross step left over right, step right to right side
- 3-4 Turn ½ left & rock left foot to left side, rock onto right foot
- 5-6 Cross step left over right, step right to right side
- 7-8 Turn ½ left & rock left foot to left side, recover onto right

CROSS ROCK, RECOVER, ½ LEFT FORWARD SHUFFLE, FORWARD, ½ LEFT ROCK BACKWARD, RECOVER, CROSS STEP (12:00)

- 9-10 Cross rock left foot over right, rock onto right foot
- 11&12 Turn ½ left & shuffle forward left, right-left
- 13-14 Step forward onto right, turn ½ left & rock backward onto left foot
- 15-16 Rock onto right foot, cross step left over right

STEPS: 2X BACKWARD-SIDE-CROSS, STEP BACKWARD, ½ LEFT STEP FORWARD, (6:00)

- 17-18 Step backward onto right, step left to left side (slightly backward)
- 19-20 Cross step right over left, step backward onto left
- 21-22 Step right to right side (slightly backward), cross step left over right
- 23-24 Step backward onto right, turn ½ left & step forward onto left

SIDE ROCK, RECOVER, 2X BACKWARD STEP-LOCKSTEP, ¼ RIGHT ROCK-ROCK-RECOVER (9:00)

- 25-26 Rock right foot to right side, rock onto left foot
- 27&28 (Upper body turned right) backward: step lock-step right, left-right
- 29&30 (Upper body turned left) backward: step lock-step left, right-left
- 31&32 Turn ¼ right & rock right foot to right side, rock onto left foot, recover onto right foot

REPEAT
