

One, Two Step

Compte: 32

Mur: 4

Niveau: Intermediate hip hop

Chorégraphe: John Dembiec (USA)

Musique: One, Two Step (feat. Missy Elliott) - Ciara



SLIDE & GLIDE, ¼ TURN, ½ TURN COASTER

- 1-2 Slide and step right to right, slide and step left over right
- 3-4 Slide and step right to right, slide and step left over right
- 5-6 Slide and step right to right, making ¼ turn right step left forward
- 7& Step right forward, step left next to right making ¼ turn right
- 8 Making ¼ turn right step right forward

¼ TURN, SAILOR INTO ROCK STEP, ¼, ½, ¼ PIVOTS

- 1-2& Making ¼ turn right step left to left, step right behind left, step left to left
- 3-4 Rock right to right, replace to left making ¼ turn left
- 5-6 Step right forward, pivot ½ turn left stepping onto left
- 7-8 Step right forward, pivot ¼ turn left stepping onto left

WALKS, TOE TOUCHES, ½ UNWIND, STEP, BRUSH, OUT, OUT

- 1-2 Walk forward right, left
- 3&4 Touch right forward, touch right to right, touch right behind left
- 5-6 Unwind ½ turn to right onto right, step left forward
- 7&8 Brush right forward, step right to right, step left to left

STEP, ¼ TURN, ½ TURN SWIVEL, HITCH, STEPS, ½ UNWIND

- 1-2 Step right behind left, step left to left making ¼ turn left
- 3&4 Step right forward, turn left heel in with ¼ turn left, turn right heel out with ¼ turn left
- 5-6 Hitch left up, step left down
- 7-8 Step right behind left, unwind ½ turn right with weight to left

REPEAT

TAG

After 4 wall (facing front wall) there is 4 extra counts one time:

- 1-2 Step right to right, touch left next to right
 - 3-4 ¼ turn right step left to left, touch right next to left
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