

# 1,2 Step

Compte: 32

Mur: 4

Niveau: Intermediate



Chorégraphe: Nic Bartlam (UK)

Musique: One, Two Step (feat. Missy Elliott) - Ciara

- 1-2 Step forward on right foot, step left to left side  
&3&4 Pop right knee in, pop right knee out, turn head to look right and then center  
5&6 Hold, close right to left, step left to left side  
7&8 Hold, close right to left, step left to left side (feet apart)
- & Right arm up in front of face at a right angle, fist clenched  
1 Place left hand on top of arm  
& Pop right knee in, right arm comes down to meet left arm in to the left direction, head tilts with rest of body  
2 Recover so right arm is up in front of face at a right angle, fist clenched and left hand on top of right arm  
& Pop left knee moving body to left keeping arm where it is  
3 Recover  
& Pop right knee moving body to right keeping arm where it is  
4 Recover  
5 Push right arm down  
6 Hold  
7&8 Swivel feet to center, heels, toes, center. Weight finishes on right foot
- 1-2 Step forward right, turn  $\frac{1}{4}$  turn left  
3-4 Step forward right, turn  $\frac{1}{4}$  turn left  
5&6 Kick right foot forward, step right forward, turn  $\frac{1}{4}$  turn right stepping left big step to left side (as you take step throw left hip to left side)  
7&8 Cross right behind left, step left to left side, step right to right side
- 1&2 Rock on to left foot, rock back on to right, rock back on to left  
**Body styling - as you rock on to left for 1, push left shoulder to left side and push right to right side, bring both back together for &, push them both out again for 2**  
3&4 Cross right behind left, step left to left side, step right to right side  
5&6 Cross left behind right, step right to right side, step left to left side  
7-8 Step forward on right, turn  $\frac{1}{2}$  turn left stepping forward on left

## REPEAT

## TAG

**On the end of the 4th wall instead of dancing a  $\frac{1}{2}$  turn for 7-8, replace it with:**

- 7-8 Step forward on right, turn  $\frac{1}{4}$  turn left stepping forward on left  
9-10 Step forward on right, turn  $\frac{1}{4}$  turn left stepping forward on left  
11-12 Step forward on right, turn  $\frac{1}{4}$  turn left stepping forward on left

**Then start again as normal**