

1 Round

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Karen Hedges (USA)

Musique: How'd I Wind Up In Jamaica - Tracy Byrd



MAMBO ROCK, SHUFFLE, HITCH, POINT, HOLD, TOE SWITCHES

- 1& Rock forward right recover left
- 2 Step right next to left
- 3& Step forward left bring right to meet left
- 4 Step forward left
- & Hitch right
- 5-6 Point right side right, hold
- 7&8 Bring right center point left side left, bring left center point right side right

SAILOR STEP, STEP, CROSS SHUFFLE, ¼ TURN, KICK CROSS STEP

- 1 Step right behind left
- &2 Step left side left, step right
- 3 Cross left over right
- &4 Bring right to meet left cross left over right
- 5-6 Step side right, making ¼ turn left kick left forward
- 7& Cross left over right step side right
- 8 Step side left

SAILOR SHUFFLE, TURNING SAILOR SHUFFLE, CROSS HOLD, CROSS HOLD

- 1 Step right behind left
- &2 Step side left step right
- 3 Step left behind right
- &4 ¼ turn left, step side right step left
- &5 Step ball of right behind left, cross left over right
- 6 Hold
- &7 Step ball of right behind left, cross left over right
- 8 Hold

MAMBO ROCK, MAMBO ROCK, ½ TURN ¼ TURN

- 1& Side rock right recover left
- 2 Bring right to meet left
- 3& Side rock left recover right
- 4 Bring left to meet right
- 5-6 Step forward right, ½ turn left shifting weight to left
- 7-8 Step forward right, ¼ turn left shifting weight to left

REPEAT
