

One Of Us

Compte: 32

Mur: 2

Niveau: Improver

Chorégraphe: Johnnie "Legs" Sutton

Musique: One of Us - ABBA



TWO WALKS, RIGHT SIDE MAMBO, TWO WALKS LEFT SIDE MAMBO

- 1-2 Walk forward right, walk forward left
- 3&4 Rock right sideways, rock left to left, step right beside left
- 5-6 Walk forward left, walk forward right
- 7&8 Rock left sideways, rock right to right, step left beside right

RIGHT RONDE, ½ TURN UNWIND, JAZZ BOX INTO ¼ TURN RIGHT

- 1-2 Sweep right out and around over left
- 3-4 Unwind ½ turn left (weight ends on left)
- 5-6 Cross right over left, step back left
- 7-8 Step right into ¼ turn right, touch left beside right

ROCK STEP, TRIPLE ½ TURN, FULL TURN, LEFT SHUFFLE

- 1-2 Rock forward on right, recover onto left
- 3&4 Triple ½ turn right, stepping right left right
- 5-6 Step forward left into ½ turn right, step forward right into ½ turn right
- 7&8 Step left forward, close right beside left, step left forward

JAZZ BOX INTO ¼ TURN RIGHT, FOUR HEEL SWITCHES

- 1-2 Cross right over left, step back left
- 3-4 Step right into ¼ turn right, touch left beside right
- 5-6 Touch right heel forward and replace, touch left heel forward and replace
- 7-8 Touch right heel forward and replace, touch left heel forward and replace

REPEAT
