

One Of These

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Wendy Anne Redpath (UK)

Musique: One of These Nights - Eagles



ROCK RIGHT, RECOVER, CROSS SHUFFLE, ROCK LEFT, RECOVER, CROSS SHUFFLE

- 1-2 Rock on right to right side, step left in place
- 3&4 Cross right over left, step left beside right, cross right over left
- 5-6 Rock on left to left side, step right in place
- 7&8 Cross left over right, step right beside left, cross left over right

ROCK FORWARD, RECOVER, SHUFFLE BACK, ROCK BACK RECOVER, SHUFFLE FORWARD

- 9-10 Rock forward on right, step left in place
- 11&12 Step back on right, step left beside right, step back on right
- 13-14 Rock back on left, step right in place
- 15&16 Step forward on left, step right beside left, step forward on left

STEP FORWARD, PIVOT ½ SHUFFLE, STEP FORWARD ¼ TURN, SHUFFLE

- 17-18 Step forward on right, pivot (on toes) turn ½ over left shoulder stepping down on left
- 19&20 Step forward on right, step left beside right, step forward on right
- 21-22 Step forward on left while turning ¼ right, step right beside left
- 23&24 Step forward on left, step right beside left, step forward on left

STEP DIAGONAL FORWARD, TOUCH, DIAGONAL BACK TOUCH (TWICE), DIAGONAL FORWARD TOUCH

- 25-26 Step diagonally forward right on right, touch left beside right
- 27-28 Step diagonally back left on left, touch right beside left
- 29-30 Step diagonally back right on right, touch left beside right
- 31-32 Step diagonally forward left on left, touch right beside left

REPEAT
