

One Night Stand

Compte: 64

Mur: 4

Niveau: Improver

Chorégraphe: Victor van der Meer (AUS)

Musique: One Night Stand - Enrique Iglesias



STEP/ROCK, REPLACE, CROSS SHUFFLE, REPEAT

1-2-3&4 Step/rock right to right side, replace weight to left, cross shuffle right over left
5-6-7&8 Step/rock left to left side, replace weight to right, cross shuffle left over right

STEP, PIVOT, SHUFFLE, REPEAT

1-2-3&4 Step right forward, pivot ½ turn left, shuffle forward right-left-right
5-6-7&8 Step left forward, pivot ½ turn right, shuffle forward left-right-left

2: ½ MONTEREY TURNS

1-2 Point right toe to right side, turn ½ turn on ball of left foot bringing right together
3-4 Point left to left side, step left together
5-6 Point right toe to right side, turn ½ turn on ball of left foot bringing right together
7-8 Point left to left side, step left together

STEP/ROCK, REPLACE, SHUFFLE, STEP PIVOT, STEP PIVOT

1-2-3&4 Step/rock right to right side, replace weight to left, shuffle forward right-left-right
5-6-7-8 Step left forward, pivot ½ turn right, repeat

STEP/ROCK, REPLACE, TRIPLE STEP TURN, ROCK, COASTER

1-2-3&4 Step/rock left forward, replace weight to right, turning ½ turn left triple step left-right-left
5-6-7&8 Step/rock forward on right, replace weight to left, right coaster

STEP/ROCK, REPLACE, SHUFFLE, STEP PIVOT, STEP PIVOT

1-2-3&4 Step/rock left to left side, replace weight to right, shuffle forward left-right-left
5-6-7-8 Step right forward, pivot ½ turn left, repeat

STEP/ROCK, REPLACE, TRIPLE STEP TURN, ROCK, COASTER

1-2-3&4 Step/rock right forward, replace weight to left, turning ¾ turn right triple step right-left-right
5-6-7&8 Step/rock forward on left, replace weight to right, left coaster

STEP/ROCK, REPLACE, CROSS SHUFFLE, STEP TURN, CROSS SHUFFLE

1-2-3&4 Rock right to right, replace weight to left, cross shuffle right over left
5-6-7&8 Step left on spot turning ½ turn right, step right to right, cross shuffle left over right

REPEAT
