

# One Night At A Time

Compte: 64

Mur: 4

Niveau:

Chorégraphe: Carl Sullivan (AUS)

Musique: One Night At a Time - George Strait



## MOVING FORWARD AT 45 DEGREES ANGLE,

Angle body so right shoulder is pointing to right corner

- &1 Step left across in front of right, small step right to right side  
2 Step left across in front of right  
3-4 Step right to right side pushing right hip right, pivot ¼ turn left  
5&6 Shuffle forward right-left-right  
7-8 Step left forward, pivot ½ turn right weight on right (shoulder facing right corner)
- 1&2 Triple step left-right-left in place turning ¾ turn right  
3-4 Step right back, rock forward onto left (shoulders facing left corner)  
5&6 Shuffle forward right-left-right at 45 degrees left  
7-8 Step left forward, pivot ½ turn right
- 1&2 Triple step in place turning 225 degrees right  
3-4 Step right back, rock forward onto left (shoulders facing original wall)  
5&6 Shuffle forward right-left-right  
7-8 Step left forward, rock back onto right
- 1&2 Shuffle back left-right-left  
3-4 Step right back, rock forward onto left  
5-8 Step right forward, pivot ½ turn left, step right forward . Pivot ½ turn left

## FORWARD SAILOR SHUFFLES

- 1&2 Step right in front & slightly across left, step left to left side, replace weight on right  
3&4 Step left in front & slightly across right, step right to right side, replace weight on left  
5-6 Step right forward, pivot ½ turn left, weight on right  
7&8 Shuffle left-right-left to left side

## BACK SAILOR SHUFFLES

- 1&2 Step right behind & slightly across left, step left to left side, replace weight on right  
3&4 Step left behind & slightly across right, step right to right side, replace weight on left  
5-6 Step right forward, pivot ½ turn left, weight on right  
7&8 Shuffle left-right-left to left side
- 1-2 Step right back at 45 degrees right, drag left heel beside right  
3&4 Shuffle left-right-left back at 45 degrees left  
5-6 Step right back at 45 degrees right, drag left heel beside right  
7&8 Shuffle left-right-left back at 45 degrees left
- &1-2 Step /rock back on right as left foot floats forward (just of floor), step down on left  
3-4 Step /rock forward onto right, rock back onto left  
&5-6 Step /rock back on right as left foot floats forward (just of floor), step down on left  
7&8 Step forward onto right turning ¼ turn left, touch left beside right

**REPEAT**

