

# One Night

Compte: 64

Mur: 4

Niveau: Advanced

Chorégraphe: Joy Dawson (NZ)

Musique: One Night At a Time - George Strait



## ROCK STEPS FORWARD & BACK ON 45 DEGREES ANGLE

- 1 On right foot rock step forward and to the right on 45 degrees angle
- 2 Rock back in place on left foot
- 3&4 Step right, left, right (cha-cha-cha)
- 5 On left foot rock step back and to the left on 45 degrees angle
- 6 Rock forward in place on right foot
- 7 Step left foot beside right
- 8 Step right foot in place

## ROCK STEPS FORWARD & BACK ON 45 DEGREES ANGLE

- 9 On left foot rock step forward and to the left on 45 degrees angle
- 10 Rock back in place on right foot
- 11&12 Step left, right, left (cha-cha-cha)
- 13 On right foot rock step back and to the right on 45 degrees angle
- 14 Rock forward in place on left foot
- 15 Step right foot beside left
- 16 Step left foot in place

## PIVOT, CROSS, PIVOT, POINT, STEP, CROSS, POINT, PIVOT

- 17 Point right toe to the right side
- 18 Putting weight on ball of right foot cross right foot across in front of left foot
- 19 On the balls of both feet pivot  $\frac{1}{2}$  turn to the left ending with weight on right foot
- 20 Point left toe to the left side
- 21 Step left foot beside right
- 22 Point right toe to the right side
- 23 Putting weight on ball of right foot cross right foot across in front of left foot
- 24 On the balls of both feet pivot  $\frac{1}{2}$  turn to the left ending with weight on right foot

## SHUFFLE FORWARD, RIGHT ROLLING TURN, SHUFFLE FORWARD, ROCK

- 25&26 Shuffle forward left, right, left
- 27 Step to the right on right foot while turning  $\frac{1}{2}$  turn to the right
- 28 Step to the left on left foot while turning  $\frac{1}{2}$  turn to the right

### You have now completed a full rolling turn to the right

- 29&30 Shuffle forward right, left, right
- 31 Rock forward on the left foot
- 32 Rock back on the right foot

## 1 $\frac{1}{2}$ ROLLING TURN BACK, ROCK STEP, SHUFFLE BACK

- 33 Step back on left foot while turning  $\frac{1}{2}$  turn to the left
- 34 Step back on right foot while turning  $\frac{1}{2}$  turn to the left
- 35 Turn  $\frac{1}{2}$  turn to the left and step forward on left foot
- 36 Step right foot beside left

### You have now completed a 1 $\frac{1}{2}$ rolling turn

- 37 Rock forward on left foot
- 38 Rock back on the right foot

39&40 Shuffle back left, right, left

**POINT, STEP BACK, POINT, STEP BACK, POINT, CROSS, CROSS CHA-CHA-CHA**

- 41 Point right toe to the right side
- 42 Step right foot directly behind left
- 43 Point left toe to the left side
- 44 Step left foot directly behind right
- 45 Point right toe to the right side
- 46 Step right foot across in front of left
- 47 Step left foot in place
- & Step right foot beside left
- 48 Step left foot across in front of right

**STEP, POINT, ½ TURN, POINT**

- 49 Step to the side on the right foot
- 50 Point left toe to left side
- 51 Pulling back on left shoulder and swiveling on ball of right foot turn ½ turn to the left and step left foot to side
- 52 Point right toe to right side

**CROSS & LUNGE STEP**

- 53 Step cross right foot behind left
- 54 Step left foot to the side
- 55 Lunge step right foot across in front of left bending knees
- 56 Step back on left foot in place
- 57 Step right foot to the right side
- 58 Lunge step left foot across in front of right bending knees
- 59 Step back on to right foot in place
- 60 Step left foot beside right

**POINT, CROSS, PIVOT, KNEE BENDS**

- 61 Point right toe to right side
  - 62 Cross and touch right foot in front of left
  - 63 Pivot ½ turn to the left on balls of both feet and bend left knee
- Weight is now on right foot**
- 64 Straighten left knee while bending right knee

**REPEAT**

**TAG**

**On the 5th sequence of the dance, after beat 38 before the shuffle back. The extra four beats will be as follows:**

- 1 Rock back on left foot
- 2 Rock forward on right foot
- 3 Rock forward on left foot
- 4 Rock back on right foot

**Then continue from beats 39 & 40 - shuffle back left, right, left**

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