

# One Is Breaking

**Compte:** 40

**Mur:** 1

**Niveau:** Improver

**Chorégraphe:** Louise Elfvengren (NOR)

**Musique:** One - Faith Hill



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## SHUFFLE BACK, ½ TURN COASTER STEP, SHUFFLE BACK, COASTER STEP

- 1&2 Step right back, close left beside right, step back left. (12:00)
- 3&4 Step left back, step right beside left, step left forward, at step 4 half turn right (6:00)
- 5&6 Step right back, close left beside right, step back left.
- 7&8 Step left back, step right beside left, step left forward

## SIDE, TOGETHER, FORWARD, MAMBO FORWARD, MAMBO BACKWARDS STEP

- 9&10 Step right to right side, step left next to right, step forward on right
- 11&12 Step left to left side, step right next to left, step forward on left
- 13&14 Step forward with right foot, rock back onto left foot, step right foot next to left
- 15&16 Step back with left foot, rock forward onto right foot, step left foot next to right
  
- 17-32 Repeat steps 1- 16 above facing back

## SKATE FORWARD RIGHT AND LEFT, FORWARD ROCK AND SHUFFLE BACKWARDS

- 33-34 Swivel right foot forward and toward right, swivel left foot forward and toward left (angling body in same direction as feet)
- 35&36 Swivel right foot forward and toward right, bring left foot up to right, step right forward
- 37-38 Rock left foot forward, recover weight to right foot
- 39&40 Step left back, close right beside left, step back right.

## ROCK, SAILOR STEP, ROCK AND SAILOR STEP

- 41-42 Rock right foot to right side, recover weight to left foot
- 43&44 Cross right behind left, turn ¼ to the right and step left foot to the left side, step right to right side (3:00)
- 45-46 Rock left foot to right side, recover weight to right foot
- 47&48 Cross left behind right turn ¼ to the left and step right foot to the right side, step left to left side (12:00)

## REPEAT

## RESTART

Restart after count 36 on wall 2.

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