

# One And Only One

Compte: 32

Mur: 2

Niveau: Improver

Chorégraphe: Matt Jenkins (UK)

Musique: One and Only One - Paul Brandt



## RIGHT SHUFFLE FORWARD, LEFT TOE STRUT TWICE

- 1&2 Right shuffle forward (right, left, right)
- 3-4 Left toe strut
- 5&6 Right shuffle forward (right, left, right)
- 7-8 Left toe strut

## DIAGONAL STEP SLIDES BACK WITH CLAPS

- 9-10 Step diagonally back on left, slide right together and clap
- 11-12 Step diagonally back on right, slide left together and clap
- 13-14 Step diagonally back on left, slide right together and clap
- 15-16 Step diagonally back on right, slide left together and clap

## SYNCOPATED CROSS STEPS WITH CLAPS, STEP ½ TURN

- 17&18 Rock onto left, & step onto right, cross left in front
- 19 Clap
- 20&21 Rock onto right, & step onto left, cross right in front
- 22 Clap
- 23-24 Step left slightly forward ½ turn

## WALK FORWARD RIGHT, LEFT, REPEAT 17-24, STEP RIGHT ½ TURN, JUMP, JUMP

- 25-26 Walk forward on right, left
- 27-32 Repeat 17-24
- 33& Step right slightly forward ½ turn
- 34& Jump forward on both feet twice

On 34&, walk forward right, left, if you don't want to jump

**REPEAT**

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