

On The One Hand (P)

Compte: 32

Mur: 0

Niveau: Partner



Chorégraphe: Harold Grimshaw (UK)

Musique: Any country 4/4 or Cha-cha music between 95 BPM and 110 BPM

Position: Both facing OLOD, man behind lady, holding right hands above right shoulder. Left hands remain free throughout. Steps same for both unless otherwise indicated

TOUCH, STEP, ¾ TURN SHUFFLE RIGHT

1-2 Touch left toes next to right, step left to left side

3&4 Right shuffle ¾ turn right into LOD (man turning under raised right arms)

STEP ¼ TURN, BEHIND, ¼ TURN SHUFFLE LEFT

5-6 (Pivoting ¼ right to face OLOD) step left to left side, step right behind left

7&8 Left shuffle ¼ left into LOD (now in 'one-handed' sweetheart position)

FORWARD ROCK, FORWARD SHUFFLE

9-10 Step forward onto right, rock weight back onto left

11&12 Right shuffle forward

MAN: BACK ROCK, FORWARD SHUFFLE, LADY: ½ TURN LEFT, LEFT SHUFFLE ½ LEFT

13 **MAN:** Step back onto left

LADY: (Raising right arms) step left ½ to left (in front of man)

14 **MAN:** Rock weight forward onto right

LADY: Step right next to left

15&16 **MAN:** Left shuffle forward

LADY: Left shuffle forward ½ to left

Man now behind lady facing LOD

HIP ROLLS

17-18 Roll hips to the right (right to left)

19-20 Roll hips to the right (right to left)

MAN: RIGHT VINE, LADY: ROLLING TURN RIGHT

21-22 **MAN:** Step right to right side, Step left behind right

LADY: Step right ¼ to right side, step back onto left (turning ½ right)

23-24 **MAN:** Step right to right side, touch left toes next to right

LADY: Step right to right side (turning ¼ right), left touch left toes next to right

Now in one-handed sweetheart position

SHUFFLES FORWARD

25&26 Left shuffle forward

27&28 Right shuffle forward

SIDE-STEP, TOE SLIDE, ¼ TURN SHUFFLE RIGHT

29-30 Step left to left side, slide right toes next to left (keeping weight on left)

31-32 Right shuffle ¼ to right (returning to starting position - man behind lady facing OLOD)

REPEAT