

# On The One Hand (P)

Compte: 32

Mur: 0

Niveau: Partner



Chorégraphe: Harold Grimshaw (UK)

Musique: Any country 4/4 or Cha-cha music between 95 BPM and 110 BPM

**Position: Both facing OLOD, man behind lady, holding right hands above right shoulder. Left hands remain free throughout. Steps same for both unless otherwise indicated**

## **TOUCH, STEP, ¾ TURN SHUFFLE RIGHT**

1-2 Touch left toes next to right, step left to left side

3&4 Right shuffle ¾ turn right into LOD (man turning under raised right arms)

## **STEP ¼ TURN, BEHIND, ¼ TURN SHUFFLE LEFT**

5-6 (Pivoting ¼ right to face OLOD) step left to left side, step right behind left

7&8 Left shuffle ¼ left into LOD (now in 'one-handed' sweetheart position)

## **FORWARD ROCK, FORWARD SHUFFLE**

9-10 Step forward onto right, rock weight back onto left

11&12 Right shuffle forward

## **MAN: BACK ROCK, FORWARD SHUFFLE, LADY: ½ TURN LEFT, LEFT SHUFFLE ½ LEFT**

13 **MAN:** Step back onto left

**LADY:** (Raising right arms) step left ½ to left (in front of man)

14 **MAN:** Rock weight forward onto right

**LADY:** Step right next to left

15&16 **MAN:** Left shuffle forward

**LADY:** Left shuffle forward ½ to left

**Man now behind lady facing LOD**

## **HIP ROLLS**

17-18 Roll hips to the right (right to left)

19-20 Roll hips to the right (right to left)

## **MAN: RIGHT VINE, LADY: ROLLING TURN RIGHT**

21-22 **MAN:** Step right to right side, Step left behind right

**LADY:** Step right ¼ to right side, step back onto left (turning ½ right)

23-24 **MAN:** Step right to right side, touch left toes next to right

**LADY:** Step right to right side (turning ¼ right), left touch left toes next to right

**Now in one-handed sweetheart position**

## **SHUFFLES FORWARD**

25&26 Left shuffle forward

27&28 Right shuffle forward

## **SIDE-STEP, TOE SLIDE, ¼ TURN SHUFFLE RIGHT**

29-30 Step left to left side, slide right toes next to left (keeping weight on left)

31-32 Right shuffle ¼ to right (returning to starting position - man behind lady facing OLOD)

## **REPEAT**