

On The Beach

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Rachael Pugh (UK) & Jan Brookfield (UK)

Musique: Sex on the Beach - T-Spoon



BUMPS SHUFFLE STEP PIVOT

- 1-4 Step forward left, bump hips forward, back, forward, back
- 5-6 Shuffle forward on left-right-left
- 7-8 Step forward right - pivot ½ left

Experiment with any hip bumps, wiggles or body rolls as the feeling takes you !

SYNCOPATED VINES

- 9-10 Step right to side step left behind right
- &11 Step right on ball of foot, step left over right
- 12 Step right to right
- 13-14 Step left to left side, step right behind left
- &15 Step left on ball of foot, step right across left
- 16 Touch left toes to left side
- 17-20 Step left across front of right, touch right to right side, step right across front of left, touch left to left side
- 21-22 Step left behind right - unwind ¾ turn to left
- &23 Step right to side, step left to side
- &24 Step right in place - step left in place

TOE STRUTS

- 25-28 Strut forward on right toe, heel and left toe, heel

ROGER RABBITS, COASTER STEP

- &29 Scoot back on left hitching right - step back on right
- &30 Scoot back on right hitching left - step back on left
- & Scoot back on left hitching right
- 31-32 Step back on right, step left beside right, step forward right

REPEAT
