

# On The Beach

**Compte:** 32

**Mur:** 4

**Niveau:** Improver

**Chorégraphe:** Rachael Pugh (UK) & Jan Brookfield (UK)

**Musique:** Sex on the Beach - T-Spoon



## BUMPS SHUFFLE STEP PIVOT

- 1-4 Step forward left, bump hips forward, back, forward, back  
5-6 Shuffle forward on left-right-left  
7-8 Step forward right - pivot ½ left

**Experiment with any hip bumps, wiggles or body rolls as the feeling takes you !**

## SYNCOPATED VINES

- 9-10 Step right to side step left behind right  
&11 Step right on ball of foot, step left over right  
12 Step right to right  
13-14 Step left to left side, step right behind left  
&15 Step left on ball of foot, step right across left  
16 Touch left toes to left side  
17-20 Step left across front of right, touch right to right side, step right across front of left, touch left to left side  
21-22 Step left behind right - unwind ¾ turn to left  
&23 Step right to side, step left to side  
&24 Step right in place - step left in place

## TOE STRUTS

- 25-28 Strut forward on right toe, heel and left toe, heel

## ROGER RABBITS, COASTER STEP

- &29 Scoot back on left hitching right - step back on right  
&30 Scoot back on right hitching left - step back on left  
& Scoot back on left hitching right  
31-32 Step back on right, step left beside right, step forward right

## REPEAT

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