

# On My Mind

Compte: 32

Mur: 4

Niveau: Improver cha cha

Chorégraphe: Vivienne Scott (CAN) & Fred Buckley (CAN)

Musique: Arizona on My Mind - Jake Mathews



## STEP FORWARD ON DIAGONAL, CROSS ROCK, SIDE SHUFFLE, CROSS ROCK, SIDE STEP ¼ TURN

- 1 Step right forward on right diagonal
- 2-3 Cross rock left over right, recover on right
- 4&5 Step left to left side, close right beside left, step left to left side
- 6-7 Cross rock right over left, recover on left
- 8 Step right to right side ¼ turn right

## FORWARD SHUFFLE, PIVOT TURN, ½ TURN SHUFFLE, TOE STEP ½ TURN

- 9&10 Step left forward, close right beside left, step left forward
- 11-12 Step right forward, pivot ½ turn left
- 13&14 Step right forward ¼ turn left, close right beside left, step right back ¼ turn left
- 15-16 Touch left toe behind, turn ½ left stepping down on left

## CROSS ROCK, SWEEP, ANCHOR STEP, SWEEP

- 17-18 Cross rock right over left, recover on left

### Bend knees, like a curtsy, for styling

- 19-20 Sweep right around and behind left, step on it
- 21-22 Rock on left in place, recover on right
- 23-24 Sweep left around and behind right, step on it

## SHUFFLE FORWARD, ROCK RECOVER, ½ TURN SHUFFLE, SWAYS

- 25&26 Step right forward, close left beside right, step right forward
- 27-28 Rock forward on left, recover on right
- 29&30 Step left back ½ turn left, close right beside left, step left forward
- 31-32 Step sway right to right side, sway left

## REPEAT

## RESTART

For "Arizona On My Mind" only, On 7th wall (2nd time you face the back wall) dance first 12 counts, then start again. You will be facing the 3:00 wall when you restart

## RESTART

For "Hey You" only, On 5th wall dance first 24 counts, then start again

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