

On My Mind

Compte: 32

Mur: 4

Niveau: Improver cha cha

Chorégraphe: Vivienne Scott (CAN) & Fred Buckley (CAN)

Musique: Arizona on My Mind - Jake Mathews



STEP FORWARD ON DIAGONAL, CROSS ROCK, SIDE SHUFFLE, CROSS ROCK, SIDE STEP ¼ TURN

- 1 Step right forward on right diagonal
- 2-3 Cross rock left over right, recover on right
- 4&5 Step left to left side, close right beside left, step left to left side
- 6-7 Cross rock right over left, recover on left
- 8 Step right to right side ¼ turn right

FORWARD SHUFFLE, PIVOT TURN, ½ TURN SHUFFLE, TOE STEP ½ TURN

- 9&10 Step left forward, close right beside left, step left forward
- 11-12 Step right forward, pivot ½ turn left
- 13&14 Step right forward ¼ turn left, close right beside left, step right back ¼ turn left
- 15-16 Touch left toe behind, turn ½ left stepping down on left

CROSS ROCK, SWEEP, ANCHOR STEP, SWEEP

- 17-18 Cross rock right over left, recover on left

Bend knees, like a curtsy, for styling

- 19-20 Sweep right around and behind left, step on it
- 21-22 Rock on left in place, recover on right
- 23-24 Sweep left around and behind right, step on it

SHUFFLE FORWARD, ROCK RECOVER, ½ TURN SHUFFLE, SWAYS

- 25&26 Step right forward, close left beside right, step right forward
- 27-28 Rock forward on left, recover on right
- 29&30 Step left back ½ turn left, close right beside left, step left forward
- 31-32 Step sway right to right side, sway left

REPEAT

RESTART

For "Arizona On My Mind" only, On 7th wall (2nd time you face the back wall) dance first 12 counts, then start again. You will be facing the 3:00 wall when you restart

RESTART

For "Hey You" only, On 5th wall dance first 24 counts, then start again
