

Ole'

Compte: 32

Mur: 4

Niveau: Intermediate

Chorégraphe: Patrick Fleming (USA)

Musique: The Cup of Life - Ricky Martin



CROSS & STEP-BEHIND-2-3-BEHIND-2-3-CROSS & STEP

- 1&2 Rock step left over right-rock back onto right-step left beside right
- 3&4 Sailor shuffle (right behind left-left to left side-right to right side)
- 5&6 Sailor shuffle (left behind right-right to right side-left to left side)
- 7&8 Rock step right over left-rock back onto left-step right beside left

HEEL & CROSS-LEFT-SLIDE-RIGHT TOE-LEFT TOE

- 9&10 Touch left heel at angle-step on left-cross right over left
- 11-12 Step left to left side-slide right beside left
- 13-14 Touch right toe to right side-step down on right
- 15-16 Touch left toe across right-step down on left

SIDE & SIDE & CROSS-TURN-SHAKE RIGHT 2-SHAKE LEFT 2

- 17& Touch right to right side-hop on right beside left
- 18& Touch left to left side-hop on left beside left
- 19-20 Cross right over left-turn ½ to left
- 21-22 Step forward on right shaking hips twice
- 23-24 Step forward on left shaking hips twice

RIGHT KICK-BALL-CHANGE-STEP-TURN

- 25&26 Right kick-ball-change (kick right-step on right-step on left)
- 27-28 Step on right-turn ¼ to left

KICK-BALL-CHANGE-STEP-SCUFF

- 29&30 Right kick-ball-change (kick right-step on right-step on left)
- 31-32 Step forward right-scuff left

REPEAT
