

The Old Rugged Cross

Compte: 48

Mur: 0

Niveau:

Chorégraphe: Chris Peel (UK)

Musique: The Old Rugged Cross - Brad Paisley



THE CROSS: LUNGING STEPS FORWARD, BACK, LEFT & RIGHT, WITH TOUCHES & HEEL LIFTS

- 1-3 Lunge left forward, touch right beside left, rise on toes of both feet
- 4-6 Lunge right back, touch left beside right, rise on toes of both feet
- 7-9 Lunge left to side, touch right beside left, rise on toes of both feet
- 10-12 Lunge right to side, touch left beside right, rise on toes of both feet

FULL TURN LEFT, VINE RIGHT, VINE LEFT, FULL TURN RIGHT

- 13-15 Full turn left stepping left, right left
- 16-18 Side step right, step left behind right, side step right
- 19-21 Side step left, step right behind left, side step left
- 22-24 Full turn right stepping right, left, right

¼ TURN LEFT, BASIC WALTZ STEP BACK, ½ TURN RIGHT, BASIC WALTZ STEP BACK

- 25-27 Step ¼ turn left, step right beside left, step left together
- 28-30 Step right back, step left beside right, step right together
- 31-33 Step left forward into ½ turn pivot left, step weight onto right beside left, step left together
- 34-36 Step right back, step left beside right, step right together

WEAVE INTO FULL TURN RIGHT, VINE INTO FULL TURN LEFT

- 37-39 Step left across right, side step right, step left behind right
- 40-42 Full turn right stepping right, left, right
- 43-45 Side step left, step right behind left, side step left
- 46-48 Full turn left stepping right, left, right

REPEAT
