

Off My Rocker

Compte: 32

Mur: 4

Niveau: Beginner west coast swing



Chorégraphe: Tommy Bailey (USA)

Musique: Elvis and Andy - Confederate Railroad

JAZZ BOX; RIGHT SIDE SHUFFLE; ROCK STEP

- 1-4 Step right foot over left; step back on left; step right to right side; step left beside right
5&6 Step right to right, step left next to right; step right to right
7-8 Rock back on ball of left foot; step in place on right foot

½ PIVOT STEP TO RIGHT 2 TIMES; LEFT SIDE SHUFFLE; ROCK TOUCH

- 1-2 Step forward on ball of left foot; pivot ½ turn to right leaving weight on right foot
3-4 Step forward on ball of left foot; pivot ½ turn to right leaving weight on right foot
5&6 Step left to left, step right next to left; step right to left
7-8 Step back on right foot; touch left toe across right foot

SLAP LEATHER; STOMP, STOMP, CLAP, CLAP

- 1-2 Step forward on left foot; slap right foot behind left leg with left hand
3-4 Step back on right foot; slap left foot in front of right leg with right hand
5-8 Stomp left; stomp right; clap; clap

HEEL TWISTS WITH ¼ TURN; WALK FORWARD

- 1-4 Twist heels right, left, right; left as you turn a ¼ turn to right (weight on left)
5-8 Walk forward right, left, right, left (optional forward shuffles 5&6 right-left-right, 7&8 left-right-left)

REPEAT
