

# Number One

Compte: 42

Mur: 1

Niveau: Improver

Chorégraphe: Mel Llewellyn (UK) & Avril Llewellyn

Musique: 10 Disc 1 - S Club 7



## STEP, STEP, STEP, STEP, SHUFFLE, SHUFFLE

- 1-2 Kick right forward, step back on right kicking left forward
- 3-4& Step back on left kicking right forward, step back on right, kicking left forward, replace left
- 5&6 Shuffle forward right right/left/right
- 7&8 Shuffle forward left left/right/left

## STEP, PIVOT, STEP, PIVOT, TOUCH, TOUCH, CROSS, UNWIND

- 9-10 Step forward on right, pivot  $\frac{1}{2}$  turn
- 11-12 Step forward on right, pivot  $\frac{1}{2}$  turn
- 13&14 Touch right to right side, replace right next to left, touch left to left side
- 15-16 Cross left over right, unwind over right shoulder  $\frac{1}{2}$

## TOUCH, TOUCH, CROSS, UNWIND, STEP, STEP

- 17&18 Touch right to right side, replace right next to left, touch left to left side
- 19-20 Cross left over right, unwind over right shoulder  $\frac{1}{2}$
- 21-22 Step back right toe, heel
- 23-24 Step back left toe, heel

## STEP, STEP, STEP, PIVOT, STEP, PIVOT, ROCK, STEP

- 25-26 Step back right toe, heel
- 27-28 Step back left toe, heel
- 29& Step forward right, pivot  $\frac{1}{4}$  left
- 30& Step forward right, pivot  $\frac{1}{4}$  left
- 31-32 Rock forward right, step back left

## TURN, ROCK, ROCK, COASTER, STEP

- 33&34 Turn  $\frac{1}{2}$  right/left/right to right
- 35-36 Rock forward left, rock back right
- 37&38 Step back left, step right next to left, step left forward
- 39-40 Step forward right toe, heel

## STEP

- 41-42 Step forward left toe, heel

## REPEAT

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