Now I Know



Compte: 48 Mur: 2 Niveau: Intermediate

Chorégraphe: Alan Birchall (UK)

Musique: I Could Have Loved You - Lighthouse Family



SYNCOPATED TWINKLES TWICE, SYNCOPATED 3/4 TURN, STEP, STEP

1&2	Cross right over left, small step diagonally back on left, step right by left
3&4	Cross left over right, small step diagonally back on right, step left by right

5&6 Cross right over left, step left to left making \(^3\)4 turn right, step forward on right (facing 9:00)

7-8 Step left to left, step right by left

RIGHT & LEFT HEEL JACKS, TWIST ½ TURN, STEP ½ PIVOT

&1 Step diagonally back on left, extend right heel

&2 Step right by left, cross left over right

&3 Step diagonally back on right, extend left heel

&4 Step left by right, cross right over left

5&6 Making ½ turn left while twisting heels right, left, right (facing 3:00)

7-8 Step forward on right, ½ pivot left (facing 9:00)

FULL TURN, STEP LOCK, CROSS, BACK, SIDE, CROSS

1-2 Make ½ pivot left on ball of left foot while stepping back on right, make ½ pivot right on ball of

right foot while stepping forward on left (facing 9:00)

Alternative: walk forward right, left

3&4 Step forward on right, lock left behind right, step forward on right

5-6 Cross left over right, step back on right7-8 Step left to left, cross right over left

ROCK/ RECOVER WITH HIP BUMPS, ROCK 1/4 TURN, RECOVER WITH HIP BUMPS

1&2 Step left to left bumping hips left right left (weight on left)

3&4 Bump hips right, left, right (weight on right)

5&6 Making ¼ turn left step left to left bumping hips left right left (weight on left facing 6:00)

7&8 Bump hips right, left, right (weight on right)

1 1/4 TURN, CROSS, STEP, STEP, BACK LOCK, STEPS, STEP, 1/2 TURN

&1 Step on to left making ¼ turn left on ball of left, make ½ turn left stepping back on right

(facing 9:00)

2 On ball of right make ½ turn left stepping forward on left (facing 3:00)

Alternative: make 1/4 turn left walk forward right, left

3-4 Cross right over left, step left to left
5& Step back on right, lock left over right
6& Step back on right, lock left over right

7-8 Step back on right, make ½ pivot left stepping forward on left (facing 9:00)

1/4 TURN WITH HIP BUMPS, RECOVER WITH HIP BUMPS, 1/2 TURN HOLD, 1/2 HINGE TURN, HOLD

1&2 Make ¼ turn left stepping right to right bumping hips right left right (weight on right facing

6:00)

3&4 Bump hips left, right, left (weight on left)

5-6 Make ½ hinge turn right on ball of left foot step right to right, hold (facing 12:00)

7-8 Making ½ hinge turn right on ball of right foot step left to left, hold (facing 6:00)

REPEAT

