# **Nothin' Lasts**



Compte: 48 Mur: 4 Niveau: Intermediate

Chorégraphe: Kathy Brown (USA) & Kate McLam (USA) Musique: Nothin' Lasts Forever - Delbert McClinton



#### Won 2nd place in choreography at the Boogie Woogie Boot Camp

# SYNCOPATED RIGHT VINE, FULL TURN, LEFT SAILOR

1-2	Step right to side, step left behind
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Step right to side, cross left in front of right, step right to right side &3-4 5-6 Turn ½ left stepping down on left, turn ½ left stepping down on right Left sailor shuffle (step left behind right, step right to side, step left to side) 7&8

## CROSS SHUFFLE LEFT, LEFT SIDE SHUFFLE, RIGHT SAILOR

9&10 Crossover shuffle (right over left, right-left-	t-riaht)	riaht-left-r	eft. riah	over left.	(riaht	shuffle	Crossover	9&10
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11&12 Left side shuffle (left-right-left)

13&14 Right sailor shuffle (right behind left, left to side, right to side) 15&16 Left sailor shuffle (left behind right, right to side, left to side)

#### HALF TURN PIVOT LEFT, LEFT SHUFFLE FORWARD, ROCK 1/4 TURN RIGHT SAILOR

17-18	Step forward or	riaht ½	turn left	with left	hook over	riaht shin
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19&20 Left shuffle forward (left-right-left)

21-22 Rock forward on right, recover ¼ turn left stepping down on left 23&24 Right sailor shuffle (right behind left, left to side, right to side)

# TRAVELING SAILORS, LEFT ROCK RECOVER, FULL TURN BACK

25&26	Left traveling sailor (step left behind, step right to side (45), step left forward)
27&28	Right traveling sailor (step right behind, step left to side (45), step right forward)

29-30 Rock forward on left, recover on right

31 Turning ½ left backwards, step down on left

32 Step forward on right turning ½ left (keeping weight on right)

# LEFT COASTER STEP, RIGHT SHUFFLE, LEFT SHUFFLE, RIGHT KICK BALL CHANGE

33&34	Left back coaster step (left back, step right next to left, left forward)
35&36	Right shuffle step (right-left-right)

Right shuffle step (right-left-right)

37&38 Left shuffle step (left-right-left) (option: right turning triple)

39&40 Right kick ball change (kick right, step down on right, change weight to left) 41-44 Step forward on right, hip bumps up and down (weight ends on right)

45-48 Step forward on left, hip bumps up and down (weight ends on left)

## **REPEAT**

#### **OPTION 1**

For last eight counts, step forward and three counts tapping heel

## **OPTION 2**

For last eight counts, step forward and do Elvis knees, wiggling knees in and out