

Not That Fast

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Birgitte Kyhn Beinov (DK)

Musique: Living In Fast Forward - Kenny Chesney



ROCK STEP, CHASSE RIGHT, ROCK STEP, TRIPLE STEP ½ TURN LEFT

- 1-2 Rock forward on right, recover on to left
- 3&4 Chassé to the right side right-left-right
- 5-6 Rock forward on left, recover on to right
- 7&8 ¼ turn left on left, step right next to left, ¼ turn left on left

SYNCOPATED GRAPEVINE RIGHT, & HEEL, POINT ¼ TURN RIGHT

- 1-2 Step right to right side, cross left behind right
- &3-4 Step right to right, cross left over right, step right to right side
- 5&6 Cross left behind right, step right beside left, touch left heel diagonally forward left
- &7-8 Step left next to right, point right to right side, ¼ turn right closing right beside left (weight on right)

ROCK STEP, SHUFFLE ½ TURN LEFT, SHUFFLE FORWARD, SHUFFLE ½ TURN RIGHT

- 1-2 Rock forward on left, recover on to right
- 3&4 Left shuffle back making ½ turn left - left, right, left
- 5&6 Right shuffle forward right, left, right
- 7&8 Left shuffle forward making ½ turn right, stepping left, right left

BACK ROCK STEP, KICK BALL CHANGE, CROSS UNWIND, LEFT COASTER STEP

- 1-2 Rock back on right, recover on to left
- 3&4 Kick right forward, step right next to left, step left in place
- 5-6 Cross right over left, unwind ½ turn left (weight on right)
- 7&8 Step back on left, step right next to left, step forward on left

REPEAT

TAG

At the end of wall 2 and 5

ROCKING CHAIR

- 1-4 Rock forward on right, recover on to left, rock back on right recover on to left